

Facts and Figures on Cassava*

Major cassava producing and consuming countries and regions	CASSAVA 1991				TRADE 1990 (1000 t)		CASSAVA UTILIZATION (1000 t) 1990 ^a				CASSAVA CONSUMPTION				POPULATION 1992			LAND USE 1990			Major cassava producing and consuming countries and regions			
	Area (1000 ha)	Annual % variat 82/91	Yields (t/ha) Annual % variat 82/91	Production (1000 t) Annual % variat 82/91	Imports	Exports	Food	Feed	Waste	Other	Cassava consumption per capita (kg/ear) (1990)	Cassava daily calorie supply per capita	Cassava in total calorie supply (%)	Rice in total calorie supply (%)	GNP per capita (US\$ curr pr) (1990)	Population total	Agr labor force (%)	Rural pop (%)	Agric area (1000 ha)	Arable land (as percentage of agric area)		Perm crops		
World	15671	1.0	9.8	0.7	153689	1.8	36412	29752	96437	45593	18637	4780	18.3	46	2	21	6484692	20	54	4846294	28	2	World	
Africa	8922	1.5	7.7	1.0	68931	2.8	4	186	61681	1140	11440	148	96.2	247	11	6	661966	23	65	1081552	15	2	Africa	
Angola	500	0.0	3.1	1.4	1850	1.6	0	0	1900	0	0	0	189.6	5.1	30	4	18578	28	70	32400	9	2	Angola	
Benin	120	2.8	7.4	1.2	889	4.6	0	0	832	0	124	0	179.8	5.42	73	4	4928	28	61	2302	61	20	Benin	
Burundi	52	3.0	11.2	0.0	580	3.1	0	0	590	0	100	0	107.8	2.03	11	2	210	46	94	2252	50	10	Burundi	
Cameroon	92	0.0	13.4	5.5	1230	1.2	0	0	900	120	180	0	78.0	2.28	10	5	960	21	57	15306	39	7	Cameroon	
Central African Rep	167	0.0	3.1	0.0	520	0.0	0	0	515	0	5	0	169.5	4.33	23	3	390	28	52	5006	38	2	Central African Rep	
Chad	73	1.2	4.1	2.1	342	4.3	0	0	297	17	17	0	52.3	1.68	10	5	190	25	69	48205	7	0	Chad	
Comoros	9	0.0	5.1	4.0	46	1.5	0	0	42	0	3	0	77.1	2.32	13	37	480	34	71	115	68	19	Comoros	
Congo	100	0.6	7.8	1.1	780	2.0	0	0	7.6	2	1.2	0	332.9	9.66	42	3	1010	22	58	10168	1	0	Congo	
Cote d'Ivoire	257	2.2	5.6	0.6	1435	3.0	0	0	1184	70	139	0	99.7	12948	12	19	750	20	58	16690	18	8	Cote d'Ivoire	
Gabon	45	1.0	5.8	1.2	250	2.5	0	0	137	0	113	0	118	326	13	5	3470	29	53	5157	6	1	Gabon	
Ghana	535	10.6	6.7	0.0	3690	4.6	0	2	2410	54	250	0	160.4	4.83	74	4	390	15	66	7720	15	20	Ghana	
Guinea	70	0.0	5.4	0.0	450	0.0	0	0	383	23	45	0	66.5	220	9	29	6119	31	73	6878	9	2	Guinea	
Kenya	67	0.0	9.7	4.6	850	6.7	0	0	631	0	20	0	2.2	9	4	1	370	25853	31	75	40530	5	1	Kenya
Liberia	47	0.4	6.4	0.0	300	0.0	0	0	300	0	0	0	131.9	397	19	44	2.46	25	52	6073	2	4	Liberia	
Madagascar	343	0.9	6.7	0.9	2290	2.1	0	40	1453	229	4.4	96	121.0	302	14	50	230	12802	32	75	37102	7	1	Madagascar
Malawi	72	3.1	2.3	0.0	168	0.0	0	2	143	0	0	0	16.4	29	1	2	260	9406	29	88	4259	56	1	Malawi
Mozambique	972	0.8	3.8	0.0	3690	0.2	4	0	3931	55	65	8	251.1	751	42	4	80	16508	42	70	47130	6	0	Mozambique
Niger	28	0.0	7.7	1.6	216	0.0	0	0	172	0	41	0	22.3	67	3	7	310	8242	43	9	12510	29	0	Niger
Nigeria	1700	3.6	11.8	2.0	20000	7.1	0	0	20834	260	4966	0	191.9	432	20	6	299	115866	24	63	72300	41	4	Nigeria
Rwanda	50	0.9	11.2	0.0	560	0.0	0	0	533	0	1	0	73	210	11	1	310	7753	44	92	1617	53	19	Rwanda
Sierra Leone	22	0.0	4.1	1.9	90	1.0	0	2	122	0	0	0	29.3	88	5	45	240	4373	21	66	2854	18	5	Sierra Leone
Tanzania	604	0.3	10.4	0.0	6266	0.0	0	140	5662	34	1034	26	207.3	394	18	7	110	29435	37	64	38367	7	2	Tanzania
Togo	65	0.0	7.7	5.6	500	3.6	0	0	593	0	0	0	16.9	506	22	6	410	3761	27	73	2459	24	3	Togo
Uganda	380	1.5	8.8	0.0	3350	0.7	0	0	2905	100	334	0	154.6	421	19	1	220	20249	34	89	8510	59	20	Uganda
Zaire	2388	2.1	7.6	0.6	18227	2.8	0	0	13904	176	3520	0	390.9	1123	54	4	220	37930	24	59	22860	32	3	Zaire
Zambia	4	2.3	3.6	0.8	270	3.5	0	0	24	0	13	0	2.2	88	4	0	420	9117	22	48	35268	15	0	Zambia
Zimbabwe	23	2.1	3.9	1.9	90	5.0	0	0	86	0	5	0	8.8	26	1	1	640	10338	26	71	7668	35	1	Zimbabwe
•Asia	3950	0.8	13.0	0.5	51460	1.3	7.79	28340	21320	5299	2776	1837	6.9	17	1	35	3231096	27	64	1215284	35	3	Asia	
China	231	0.0	14.4	0.0	3320	0.0	2930	5.5	1660	2893	97	921	1.5	4	0	3	370	1173009	39	63	496563	19	1	China
India	289	0.0	19.4	1.5	5600	0.6	0	0	5396	0	284	0	6.3	14	1	30	350	589348	25	72	181130	91	2	India
Indonesia	1318	0.0	12.4	2.0	16330	2.5	0	5160	9289	300	2100	245	50.5	123	5	58	570	191259	19	68	33800	47	18	Indonesia
Laos	5	0.0	13.2	0.0	68	0.0	0	0	52	7	7	0	12.6	36	1	0	200	4398	32	80	1711	52	1	Laos
Malaysia	40	1.4	10.4	0.0	414	1.0	168	36	454	21	21	47	25.4	68	3	29	2320	18791	12	55	4907	21	78	Malaysia
Philippines	221	0.9	8.6	1.2	1900	2.4	76	34	1625	108	0	159	26.0	72	3	41	730	6428	17	56	9230	49	37	Philippines
Sri Lanka	43	0.0	9.5	0.0	410	0.0	7	1	306	0	130	0	17.7	49	2	42	470	17654	19	78	2339	40	42	Sri Lanka
Thailand	1500	3.8	13.5	0.0	20300	1.4	0	22457	215	0	0	0	3.9	14	1	55	1420	57247	34	6	22920	83	14	Thailand
Viet Nam	235	0.0	10.5	2.8	3000	0.5	0	57	2089	253	126	0	31.3	87	4	68	69664	29	77	8940	82	13	Viet Nam	
Oceania	1	1.3	11.2	0.4	191	1.9	37	3	177	8	21	2	6.7	18	1	8	27455	7	29	482194	10	0	Oceania	
Fiji	2	10.0	18.0	1.1	36	12.5	0	0	35	0	1	0	46.9	130	5	18	1780	772	13	60	300	51	29	Fiji
Papua New Guinea	11	1.0	10.2	0.0	112	0.9	0	0	95	0	17	0	24.6	68	3	15	860	4053	30	83	478	7	75	Papua New Guinea
•South America	2593	0.0	12.4	0.9	32155	0.9	9	8	12594	11853	4278	2555	4.4	98	4	13	308225	8	24	607833	16	3	South America	
Argentina	15	3.8	10.0	1.0	150	0.0	0	0	70	60	10	0	2.2	5	0	2	2400	33100	4	13	169400	15	1	Argentina
Bolivia	46	10.0	10.8	0.0	499	1.3	0	0	253	161	3	0	34.6	85	4	10	830	7735	13	47	22908	7	1	Bolivia
Brazil	1959	0.0	12.6	7.0	24632	0.2	0	7	9722	8586	3643	2326	64.7	148	5	16	2680	156275	8	24	244200	21	4	Brazil
Colombia	220	2.9	9.5	0.4	2081	3.4	0	0	1245	494	58	144	37.8	91	4	13	1260	34242	8	29	45820	9	3	Colombia
Ecuador	35	7.5	3.7	0.0	130	0.0	0	0	101	27	7	0	9.6	23	1	16	980	11117	9	42	7875	22	13	Ecuador
Paraguay	240	3.3	16.3	1.4	3900	5.5	0	0	22	2445	355	28	168.7	397	15	5	1110	4520	16	51	23316	9	0	Paraguay
Peru	38	0.0	11.6	0.1	440	0.0	3	0	345	43	43	2	16.0	39	2	21	1160	22436	11	29	30850	11	1	Peru
Venezuela	39	0.0	7.9	0.3	310	0.3	0	0	131	30	87	82	6.7	16	1	7	2560	26720	4	9	21595	15	3	Venezuela
•C America and Caribbean	188	1.7	5.1	0.0	951	1.3	217	64	665	131	122	184	1.6	4	0	3	438649	5	28	638305	42	1	C America and Caribbean	
Costa Rica	9	8.0	4.9	1.4	44	11.0	0	42	1	0	0	0	0.4	1	0	16	1900	3160	8	52	2859	10	9	Costa Rica
Cuba	72	2.0	4.2	1.2	300	0.7	0	0	190	60	35	15	17.9	53	2	15	10828	8	24	6300	41	11	Cuba	
Dominican Republic	20	10.0	6.7	0.0	134	7.6	0	17	98	0	13	0	13.6	37										

An Ancient Crop Becomes Modern

Cassava, a starchy root crop, has been cultivated in tropical America for over 5,000 years. Before 1600, during the European exploration of America, Portuguese traders took it to the Congo in Africa and later to eastern Africa and Asia. By the end of the 19th century, it was growing throughout the tropical world. It now feeds about 500 million people and is grown in 92 countries in the tropics and subtropics.

For a long time, the crop was unknown outside the tropics, and received very little research until the 1960s, when the "Green Revolution," based on new varieties of wheat and rice, stimulated the founding of several International Agricultural Research Centers that worked on tropical crops. Two of the Centers developed cassava research programs: the International Center for Tropical Agriculture (CIAT), based in Colombia, has a global mandate, whereas the International Institute of Tropical Agriculture (IITA), based in Nigeria, has a regional mandate for Africa. These two Centers also encouraged the development of national cassava research programs, particularly as the advantages of cassava as a food crop and industrial raw material became evident.

The Plant

Although each of the more than 5,000 known varieties of cassava has its own distinctive plant form, genetic structure, and adaptability to different environments, the generalized cassava plant is a perennial, woody shrub that grows from about 1 m to about 3 m (3 to 9 feet) tall. The woody stems are topped by hand-shaped (i.e., palmate), dark green, sometimes purplish, leaves.

Flowering cassava varieties have small, inconspicuous flowers that lack petals. Male and female flowers grow on the same plant and are cross-pollinated by insects. Fruits are dehiscent and seed production is low and erratic. Seeds are oval, about 10 mm long, and mottled brown and gray.

The cone-shaped roots vary in number and size according to variety and environmental conditions. Normally, they have a dark or light brown, papery bark, which often peels off, leaving a pink or cream cortex. This too can be peeled off to expose the white, starchy flesh. Through the center of the root runs a (usually) thin and fibrous pith.

Cassava is almost always grown from mature cuttings of the woody stems—this is unusual because the stems are not otherwise an economically important part of the plant. The 7- to 30-cm long cuttings are planted horizontally, vertically, or inclined, with or without tillage.

Taxonomy

Scientifically, cassava is known as *Manihot esculenta* Crantz, and is a member of the Euphorbiaceae. No wild direct ancestor of cassava has been proven to exist. Cassava was probably domesticated at different locations. A major center of diversity is found in the Amazon/Orinoco basin, and another in Mesoamerica.

Yields

Under favorable experimental conditions, cassava as a single crop can yield as much as 90 tons of fresh roots per hectare (25 to 30 tons of dry matter per hectare). But cassava is usually grown under marginal soil conditions and harsh climate and in association with crops such as maize, cowpeas, and other root or tuber crops.

Under these conditions, average yields in tons of fresh roots per hectare are much lower, worldwide—9.8 Africa—7.7, Latin America—12.4, and Asia—13.0. In tons of grain per hectare, these yields are equivalent to 3.1, 2.5, 4.0, and 4.2 tons, respectively. Cereal crops grown under similar conditions would produce 1 to 2 tons of grain per hectare.

One ton of fresh cassava yields 280 kg of flour, 230 kg of starch, or 330 kg of dried chips. Researchers have also obtained 170 liters of gasoline alcohol from one ton.

Production and Consumption

Most cassava is produced by poor, small-scale farmers as a crop for food, feed, and cash. They use traditional farming methods and work marginal lands.

World production grew from 70 million tons in 1960 to 154 million tons of fresh roots in 1991. The five major cassava-producing countries are Brazil (25 million tons), Nigeria (20), Thailand (20), Zaire (18), and Indonesia (16).

The total area harvested is about 16 million hectares, with 57% in Africa, 25% in Asia, and 18% in Latin America.

Annual consumption is greatest in Africa, averaging 96 kg per capita, with the greatest consumption in Zaire at 391 kg per capita (or 1,123 calories per day). Average world consumption is 18 kg per capita. About 85% of the world's cassava crop is used domestically: food—58%, animal feed—28%, industrial uses—3%, and wastage—11%. The remaining 15% (i.e., about 30 million tons) is exported to Europe and Japan as either chips or pellets and starch. Thailand accounts for 75% of exports, followed by Indonesia and China.

Nutritional Value and Food Products

The cassava root contains between 30% and 40% of dry matter, which is principally carbohydrate (124 kcal per 100 grams—the potato contains 76 kcal per 100 grams). It is rich in vitamin C and calcium, has acceptable levels of B vitamins, and provides other minerals. But it is low in protein (1% of fresh weight). In contrast, the leaves contain high levels of protein, 8% to 10% of fresh weight. Various parts of the cassava plant also have medicinal value.

As human food, the cassava root is prepared in many ways, for example, boiled, baked, fried, as meal, flour, and even as beer. Starch extracted from the root is also used to make a wide range of sweet and savory foods, such as crackers, tapioca pearls, noodles, or cheese breads. Fresh leaves are eaten as a vegetable, especially in West and Central Africa, Indonesia, and parts of Brazil.

Other Uses

As animal feed, fresh roots are a good source of carbohydrates, and the leaves can be used as a protein supplement for beef and dairy cattle. Dried cassava is used to make concentrates for poultry, swine, and cattle. The countries of the European Community import more than 5 million tons of cassava pellets annually to incorporate into animal feed rations.

In industry, cassava starch is used directly in food processing, paper making, textiles, adhesives, or as lubricant in oil wells. It is also used in the manufacture of many chemical products, such as monosodium glutamate, citric acid, mannitol, sorbitol, glucose, high fructose syrup, and alcohol.

Most cassava is processed on a small scale in rural areas, where it generates considerable employment. Because of the crop's flexibility in processing, some African and Latin American governments are using cassava to improve the economic status of socially "depressed" areas. Even in areas where cassava processing is carried out on an industrial scale, as in Thailand, Indonesia, China, the Philippines, India, and southern Brazil, most cassava is supplied from small-scale farms rather than from plantations.

Advantages as a Sustainable Crop

Cassava is well known for its ability to tolerate drought and yet maintain yields. Several factors are involved: (1) leaf stomata are sensitive to humidity, closing whenever the air becomes dry; (2) roots can extract water from deep soils,

even as much as 2.5 m (7 to 8 feet); and (3) the plant possesses a carbon fixation system that allows cassava to continue effective photosynthesis under prolonged water stress.

The crop also survives in soils with low contents of phosphorus—an essential plant nutrient—by forming associations with certain soil fungi (mycorrhizae). It can also grow and produce well in poor, acid soils with high aluminum content.

The plant accepts rainfall regimes that range from less than 600 mm (24 inches) to more than 3,000 mm (120 inches) per year, but does not survive flooding. It grows at altitudes from sea level to 2,300 m (7,667 feet). Although it can tolerate light frosts, it produces best in a warm climate, with temperatures ranging from 25 to 35 °C (77 to 95 °F).

The plant can be harvested at any time from 7 months to 3 years after planting. Being able to keep the roots in the ground is a particular advantage in countries opening up agricultural frontiers, or suffering natural disasters like drought and locust attacks, or social conflicts such as war. Such flexibility is highly useful, considering that the roots, once harvested, perish within 3 or 4 days, and must be consumed at once or be processed into products, such as flour or starch, that can be stored for long periods.

Diseases and Pests

Although cassava is a hardy plant, yield losses occur through diseases and pests. Significant foliar and stem diseases are the cassava bacterial blight, which is widespread, and in Africa, the African cassava mosaic virus. Root rots also cause considerable yield losses. Because they damage the most economically valuable part of the plant, they are potentially the most harmful diseases.

Major pests are those that suck or eat leaves: the green spider mite, mealybug, whitefly, lac bug, and hornworm. Root-damaging pests are the burrowing bug and subterranean mealybug.

Cyanide Production

The cassava plant contains a substance, linamarin, which releases the poisonous cyanide, or hydrocyanic acid, when plant tissues are damaged. "Sweet" varieties produce as little as 20 mg of acid per kilogram of fresh roots, whereas "bitter" varieties may produce more than 1,000 mg. No acyanogenic varieties are known.

Traditional methods of food preparation are effective in reducing cyanogenic content to innocuous levels. But if roots of bitter varieties are underprocessed and the diet lacks protein and iodine, as occurs during famines and wars, cyanide poisoning can cause serious health problems.

Despite the disadvantages of linamarin, some farmers actively select for bitter, or cyanogenic, varieties. Why they do this when processing bitter varieties is such hard work is not yet known, but possible reasons are that the cyanide helps protect the plant from potential pests, and certain food products, if made from bitter varieties, have better texture than those made from sweet varieties.

Research

Cassava researchers aim to develop the full potential of the crop so that those farmers and processors who depend on cassava for their livelihood can improve their incomes and general well-being.

Because cassava is usually grown on poor soils with low rainfall, and has a potential for multiple end uses, scientists need to integrate different fields of research, that is, breeding and crop management with postharvest processing and market research.

Through breeding, scientists develop varieties that are well adapted to major diseases, pests, and soil and climatic constraints. These varieties also need to have qualities suitable for different end uses.

Research in crop management offers a particular challenge because cassava is mostly grown in fragile and socioeconomically marginal environments where solutions to soil and water degradation are needed. The integrated management of pests and diseases, including biological control, is particularly appropriate to a long cycle crop like cassava.

If technology developments are to benefit cassava farmers, then links between farmers and markets must be strengthened—which research on processing can help do by developing new products.

Biotechnology—a new field in cassava research—will accelerate investigations in most of the areas mentioned.

Interinstitutional relations are important for advancing cassava research. Regional and global cassava networks link scientists from national institutions of developing countries with those from developed countries, universities, and research laboratories, international organizations, and donor agencies. These networks significantly increase the flow of information among collaborators and help prioritize research for more effective and rapid results in the common endeavor of alleviating hunger and poverty.