

1 **Phaseolin from *Phaseolus vulgaris* bean modulates gut mucin flow and gene**
2 **expression in rats**

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14 **Running title: Phaseolin and intestinal mucin in rats**

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23 **Summary**

24 Dietary protein might modulate mucin flow and intestinal mucin gene expression. Since
25 unheated phaseolin from *Phaseolus vulgaris* bean is resistant to digestion and increases gut
26 endogenous protein losses, we hypothesized that unheated phaseolin influences mucin flow and
27 gene expression, and that phaseolin heat treatment reverses these effects. The hypothesis was tested
28 using a control diet containing casein as the sole protein source and three other diets with casein
29 being replaced by 33 and 67 % of unheated and 67 % of heated phaseolin. The rats were fed for 6 d
30 and euthanized. Digesta and faeces were collected for determining digestibility and mucin flow. Gut
31 tissues were collected for mucin (Muc1, Muc2, Muc3 and Muc4) and Trefoil Factor 3 (Tff3) gene
32 expressions. Colonic mucin flow decreased linearly with increasing the dietary level of unheated
33 phaseolin ($P < 0.05$). Unheated phaseolin increased N flow in ileum, colon and faeces ($P < 0.05$),
34 and reduced apparent N digestibility linearly ($P < 0.01$). Heat treatment reversed all these changes
35 ($P < 0.05$ to $P < 0.001$), except mucin flow. The expressions of Muc mRNA in gut tissues were
36 influenced by dietary phaseolin level (ileum and colon: Muc3 and Muc4) and thermal treatment
37 (ileum: Muc2; colon: Muc2, Muc3, Muc4 and Tff3) ($P < 0.05$ to $P < 0.001$). In conclusion,
38 phaseolin modulates mucin flow and Muc gene expression along the intestines differentially.

39 **Introduction**

40 The storage globulin phaseolin represents about half of the total protein content of the common
41 bean (*Phaseolus vulgaris*)⁽¹⁾. The nutritive value of phaseolin is limited by its low content in sulfur
42 amino acids and tryptophan and its high resistance to enzymatic hydrolysis^(2,3). However, phaseolin
43 digestion is markedly improved with heat treatment due to alterations in phaseolin structure^(4,5).

44 Unheated phaseolin and/or its digestion fragments exert a secretagogue activity on the gut of
45 rats fed a single test meal since intestinal endogenous protein losses (e.g. shed cells, digestive
46 enzymes, gastrointestinal mucus, blood serum proteins) increase when phaseolin intake increases⁽⁶⁾.
47 These authors postulated that mucin could be a possible significant contributor to these losses⁽⁶⁾.
48 By contrast, in a chronic feeding trial, the dietary level of unheated phaseolin had little effects on rat
49 small intestine architecture and enzymatic activity⁽⁷⁾.

50 The composition, the thickness and the protective effect of the mucus layer are determined by
51 the dynamic balance between two processes: synthesis and secretion by goblet cells vs. degradation
52 by physical abrasion and proteolysis⁽⁸⁾. An intact mucus layer is required at the gut epithelial
53 surface for optimal protection⁽⁹⁾. Mucin could represent 11 % of total endogenous N losses at the
54 ileum of pigs⁽¹⁰⁾. Previous studies in single stomached animals showed that food components,
55 including fiber and protein source and their level of incorporation into the diet could stimulate
56 mucin secretion in the small intestine^(11,12). However, no information is available on the effect of
57 prolonged intake of diets differing in phaseolin level or with heated phaseolin on mucin flow in the
58 gut lumen and on mucin gene expression in gut tissues of rats.

59
60 The aim of the present work was to test the hypothesis that unheated phaseolin modulates mucin
61 flow and tissue gene expression in the intestines of rats and that heat treatment of phaseolin
62 abolishes these effects.

63

64 **Experimental methods**

65 *Phaseolin purification*

66 The bean cultivar used in this study contained T phaseolin type. It was provided by the
67 International Centre of tropical Agriculture (CIAT, Cali, Colombia). Phaseolin was isolated by
68 successive protein solubilisation and precipitation steps as previously reported^(7,13). The final
69 phaseolin precipitate was dialysed against distilled water, frozen and freeze-dried prior to being
70 incorporated into the experimental diets. Phaseolin isolated with this protocol was found to be pure
71 as revealed by SDS-PAGE⁽⁷⁾.

72

73 *Animals and diets*

74 The experiment was conducted in agreement with the guidelines of the National University of
75 Colombia for care and use of laboratory animals ⁽¹⁴⁾. Twenty young adult Wistar male rats with an
76 initial body weight of $110 \pm$ (SD) 5 g, were randomly allocated to one of the four treatments
77 described below, and placed in individual metabolic cages (Tecniplast 150-300; Buguggiate, Italy)
78 for the whole experimental period. The control diet contained casein as the sole protein source. In
79 the other three diets, protein was provided for 33 and 67 % (unheated form) and 67 % (heated form)
80 by purified phaseolin, respectively. No attempt was made to incorporate 100% of protein as
81 phaseolin because it was previously shown to drastically reduce food intake in our previous studies
82 with rats ⁽⁷⁾. The complement of protein in the diets was casein (Table 1). Heat treatment of purified
83 phaseolin was carried out under pressure at 121 °C for 15 min, as described previously ⁽⁷⁾.
84 Chromium oxide (Cr₂O₃) was added to the diets as an indigestible marker for determining the flow
85 and the apparent digestibility of food components along the gut. The rats were fed the experimental
86 diets for 6 d only because the amounts of purified phaseolin were limited. Food intake was fixed at
87 10 % of BW in order to limit food refusals ^(7,15). The rats had free access to water.

88

89 *Collection and preparation of faeces, digesta and gut tissue samples*

90 Faeces were collected during the last day of the feeding experiment and mixed (350 g/l) with
91 cold saline 9 g NaCl/l (4 °C). At the end of the trial, rats had access to the experimental diets for 4 h
92 and then were euthanized with an injection of Ketamin and Rompun[®] (1:1 v:v). Gut digesta and
93 tissues were sampled as described previously ^(7,15). All digesta present in the distal 20 cm of the
94 small intestine (referred to as ileum) and in whole colon were collected. Ileal and colonic digesta
95 were gently flushed from the segments with 10 ml of cold saline 9 g NaCl/l (4 °C) using a syringe.
96 Gut digesta and faeces were immediately mixed with 40 g NaN₃/l with a final concentration of 2 g/l
97 in order to minimize protein degradation by bacterial enzymes. Digesta and faeces were fractionated
98 into two aliquots that were frozen and stored at -20 °C. An aliquot was kept frozen until mucin
99 analysis while the other aliquot was freeze-dried and ground (1 mm-mesh screen) for digestion
100 studies.

101 Whole tissue samples (1.5 cm in length) were collected in the middle of the ileum and colon,
102 opened longitudinally and washed three times in cold saline 9 g NaCl/l (4 °C). They were stored
103 immediately in cold TRIzol reagent (4 °C), then frozen in liquid nitrogen and finally stored in a
104 deep freezer at -80 °C.

105

106 *Enzyme-Linked Lectin Assay for high MW mucin along the gut*

107 Ileal and colonic digesta and faeces were assayed for high MW glycosylated mucin by enzyme-
108 linked lectin assay (ELLA) using wheat germ agglutinin (WGA) as the lectin, as described by

109 Trompette et al. ⁽¹⁶⁾. Casein, phaseolin and the experimental diets were also checked by ELLA test
110 for possible lectin binding. Porcine gastric mucin (Sigma, ref. M-1778) was used as the standard.
111 Briefly, dilutions of standards and samples were prepared in carbonate buffer (0.5 M-Na₂CO₃, pH
112 9.6) prior to being coated on 96-well microtiter plates (NUNC microplates, ref. 469914, Roskilde,
113 Denmark; 100 µl per well). After overnight incubation at 4 °C, the plates were washed four times
114 with PBS Tween 1 g/l (PBS-T, pH 7.2). Microplate saturation was made with 250 µl per well of a
115 PBS-T solution of bovine serum albumin (BSA, 20 g/l PBS-T) incubated for 1 h at 37 °C. Plates
116 were washed again and 100 µl of biotinylated WGA (ref. B-1025, Abcys, Paris, France; 5 mg/l) in
117 PBS-T-BSA was added and incubated for 1 h at 37 °C. Plates were washed and added with 100 µl
118 per well of avidine-peroxidase conjugate (Sigma, ref. A-7419) for 1 h at room temperature. After
119 washing, 100 µl per well of OPD solution (Fast OPD, Sigma, ref. P-9187) was incubated in the dark
120 at room temperature for 5-10 min. The reaction was stopped by adding 25 µl per well of 3 M-
121 H₂SO₄. Absorbance was read at 492 nm using an ELISA reader (Multiskan Spectrum ref. 5118550,
122 Thermo Electron Corp., Vantaa, Finland). Mucin concentration in samples was calculated from
123 porcine gastric mucin standard curve. Data were expressed as mg or µg mucin per g digesta or
124 faeces, depending on its concentration along the gut.

125

126 *RNA extraction from gut tissues*

127 Gut tissue samples were homogenized in TRIzol reagent (1 ml/100 mg) with tissue lyser
128 (Qiagen Inc., Valencia, CA) at room temperature. Then, 200 µl of chloroform was added and the
129 sample was mixed and centrifuged at 11,300 g for 15 min at 4 °C. The chloroform upper phase was
130 recovered, mixed with 500 µl of isopropanol and centrifuged at 11,300 g for 15 min at 4 °C. The
131 precipitated RNA was rinsed with ethanol 75 %, centrifuged at 7,500 g for 5 min at 4 °C and
132 dissolved into 100 µl of RNase-free water and stored at -80 °C until further analysis. RNA
133 concentration and purity were determined by measuring the absorbance at 260 and 280 nm using an
134 Agilent 2100 bioanalyser (Agilent Technologies, Palo Alto, CA). Finally, samples were treated with
135 DNase (DNA free kit, Applied Biosystems, Foster City, CA) following the manufacturer's
136 recommendations.

137

138 *Quantitative real time RT-PCR*

139 Quantitative real time RT-PCR was conducted as previously reported ⁽¹⁶⁾ with slight
140 modifications. Briefly, mucin cDNA rat Muc1, Muc2, Muc3, Muc4, trefoil factor 3 (Tff3) and 18S
141 mRNA were amplified by PCR using the primer sequences shown in Table 2. For retro-
142 transcription, total RNA (2 µg) was added with RNase-free water to a final volume of 20 µl. The
143 reaction mixture (High Capacity cDNA Reverse Transcription Kit, Applied Biosystems) had a final

144 volume of 20 µl and contained 4 µl of 10x RT buffer, 1.6 µl of 25x dNTP, 4 µl of 10x random
 145 primers, 2 µl of RT (50 U/µl) and 8.4 µl of sterile water. The reaction mixture and the sample were
 146 mixed together (40 µl, final volume), then incubated at 25 °C for 10 min, at 37 °C for 2 h, and
 147 finally cooled on ice. Afterwards cDNA was ready for use in real time PCR.

148 Real time PCR was performed in duplicate for each sample using ABI PRISM Sequence
 149 Detection System 7000 (Applied Biosystems). A reaction mixture containing the following
 150 components was prepared: 5.8 µl ultrapure water, 0.75 µl of forward and 0.75 µl of reverse primer
 151 (5 µmol/l), 12.5 µl SYBR Green PCR Master Mix kit and 0.2 µl Uracyl-DNA glycosylase (UDG, 1
 152 U/µl) (Applied Biosystems). The reaction mixture (20 µl) was mixed with sample cDNA (5 µl). The
 153 cycling conditions were as follows: 50 °C for 2 min for UDG action. Then, initial denaturation was
 154 conducted at 95 °C for 10 min and then followed by 40 amplification cycles of 95 °C for 15 s and
 155 60 °C for 1 min. The expressions of Muc genes and Tff3 were expressed relatively to 18S RNA as
 156 reported previously ⁽¹⁷⁾.

157

158 *Chemical analysis*

159 Diets were analyzed for ash (AOAC 942.05), ether extract (AOAC 920.39) and neutral
 160 detergent fiber (AOAC 2002.04). Gross energy was determined in diets using a Parr 1342
 161 calorimeter (Parr Instruments, Moline, IL). Diets, faeces and digesta were also analyzed for DM
 162 (AOAC 930.15) and N (Kjeldahl method). Chromium concentration in diets, ileal and colonic
 163 digesta and faeces was determined colorimetrically after nitro-perchloric acid hydrolysis ⁽¹⁸⁾.

164

165 *Digesta flow and digestibility calculations*

166 The flows of DM, N and ELLA-mucin at the ileum, in the colon and in the faeces were
 167 calculated from marker concentrations in diets and digesta or faeces as reported previously ⁽¹¹⁾.
 168 Apparent ileal and faecal digestibilities of DM and N were calculated using the following equations
 169 ⁽¹⁹⁾:

170 Apparent ileal digestibility of DM or N = $(100 - [(DM_i \text{ or } N_i / DM_d \text{ or } N_d) \times (Cr_d / Cr_i)]) \times 100$

171 Apparent faecal digestibility of DM or N = $(100 - [(DM_f \text{ or } N_f / DM_d \text{ or } N_d) \times (Cr_d / Cr_f)]) \times$

172 100

173 where DM_i, N_i and Cr_i are the DM, N and chromium contents of ileal digesta and DM_f, N_f and
 174 Cr_f those in the faeces; DM_d, N_d and Cr_d are the DM, N and chromium contents of the diet.

175

176 *Statistical analysis*

177 Two separate analyses of variance of data were conducted using the Mixed Model procedure of
 178 Statistical Analysis System software package version 8.0 (SAS Institute Inc., Cary, NC). In the first

179 analysis, the effect of unheated phaseolin level (0, 33 and 67 % of total N) in the diet was tested for
 180 linear and quadratic variations using polynomial orthogonal contrasts⁽²⁰⁾. The second analysis of
 181 variance was conducted in order to test the effect of heat treatment of phaseolin and diets with
 182 untreated phaseolin, heated phaseolin and casein were compared. When the *P* value of treatment
 183 effects was ≤ 0.10 , the diets were compared two by two using appropriate contrasts (P0 vs. P67; P0
 184 vs. P67H and P67 vs. P67H).

185

186 **Results**

187 The voluntary DM and N intakes were on average across treatments $9.6 \pm (\text{SEM}) 0.14$ g/d and
 188 151 ± 4 mg/d, respectively, and did not differ significantly between treatments ($P > 0.05$) (data not
 189 shown).

190

191 *Flow and apparent digestibility of DM and N*

192 The flow of DM in the faeces, but not at the ileum and in the colon increased linearly ($P <$
 193 0.001) with increasing the level of raw phaseolin in the diet (Table 3). As a result, the apparent
 194 faecal digestibility of DM decreased quadratically with increasing the level of phaseolin ($P <$
 195 0.001). The ileal digestibility of DM was not influenced by this factor. The flow of N at all
 196 digestive sites increased linearly with increasing the level of unheated phaseolin in the diet ($P =$
 197 0.011 to $P < 0.001$). As a consequence, both ileal and faecal digestibilities of N decreased linearly
 198 with increasing dietary phaseolin level ($P < 0.001$). Heat treatment of phaseolin reduced DM and N
 199 flows along the intestines and increased DM and N digestibilities ($P < 0.001$) to values close to
 200 those observed with the casein-based control diet.

201

202 *Flow of mucin along the gastrointestinal tract and tissue expression of mucin family genes*

203 The ELLA test revealed no binding with casein or phaseolin or with the experimental diets,
 204 indicating the lack of carbohydrate moieties recognized by WGA in these ingredients and diets. The
 205 flow of mucin in the colon decreased linearly with increasing the dietary phaseolin level ($P < 0.001$)
 206 (Table 3). This factor did not influence the flow of mucin at the ileum or in the faeces ($P > 0.05$).
 207 The colonic flow of mucin was lower with P67-H than with the casein control ($P < 0.05$) but it was
 208 not different from that with unheated phaseolin (P67) (probabilities of differences for P0 vs. P67,
 209 P0 vs. P67-H and P67 vs. P67-H: $P = 0.001$, $P = 0.003$ and $P = 0.288$, respectively).

210 The expression of Muc3 and Muc4 mRNA tended to decrease quadratically ($P = 0.060$ and $P =$
 211 0.090 , respectively) in the ileal tissue and increased or tended to increase linearly ($P = 0.093$ and $P =$
 212 0.023 , respectively) in the colonic tissue as the dietary level of unheated phaseolin increased in

213 the diet (Table 4). By contrast, the expressions of Muc1, Muc2 and Tff3 mRNA in the ileal and
214 colonic tissue were not influenced by the level of unheated phaseolin in the diet ($P > 0.1$).

215 The expression of Muc genes and Tff3 was or tended to be influenced by heat treatment of
216 phaseolin in colonic tissues, except for Muc1 gene (Figure 1). mRNA expressions of Muc2, Muc3,
217 Muc4 and Tff3 were lower with heat-treated than unheated phaseolin ($P < 0.001$ to $P < 0.05$).
218 mRNA expression of the Muc family genes and Tff3 in ileal tissues was not influenced by heat
219 treatment of phaseolin ($P > 0.05$). Muc2 mRNA levels were lower in ileal and colonic tissues of rats
220 fed the heat-treated phaseolin diet than in those fed the casein-based control diet ($P = 0.003$ and $P =$
221 0.001 , respectively). Finally, Muc2 gene expression in the ileal tissue was lower ($P = 0.004$) and
222 those of Muc3 and Muc4 in the colonic tissue of rats fed unheated phaseolin were or tended to be
223 higher ($P = 0.058$ and $P = 0.005$) than comparing the corresponding tissues of rats fed the casein-
224 based control diet.

225

226 Discussion

227 The present investigation shows for the first time that phaseolin intake and heat treatment can
228 modulate mucin flow and mRNA levels of various mucin genes in gut tissues of rats.

229

230 *Influence of phaseolin on mucin flow and gut tissue expression of Muc family genes*

231 Santoro et al. ⁽⁶⁾, based on acute feeding experiments assumed that the poor nutritional value of
232 unheated phaseolin was due to increased intestinal losses of endogenous N, suggestively mucin
233 when the level of phaseolin increased in the diet. Our results do not support this view because raw
234 phaseolin intake did not increase mucin flow at the end of the small intestine and did not alter
235 intestinal mRNA levels of Muc2, the main component of intestinal secreted mucin ⁽²¹⁾. The
236 discrepancies between the present work and studies by Santoro et al. ^(6,22) may come from different
237 experimental approaches (acute vs. repeated feeding experiments) or from methodologies for
238 evaluating endogenous N losses. The present data are consistent with our previous observations
239 showing limited effects of phaseolin on intestinal anatomy and enzyme activities ^(7,15).

240 We observed that dietary phaseolin level and heat treatment influenced the expression of Muc2,
241 Muc3 and Muc4 and Tff3 genes in different way along the intestines. The actual reasons for these
242 effects and the possible consequences in terms of gut protection are not fully understood yet. Mucin
243 2 is the major component of mucin secreted along the gastrointestinal tract ⁽²¹⁾. Muc2-knocked out
244 mice develop colitis spontaneously, indicating the important role of this mucin in colonic protection
245 ⁽²³⁾. In the present work, both unheated and heat-treated phaseolin reduced Muc2 gene expression in
246 the ileum, and heat treatment of phaseolin reduced Muc2 gene expression in the colon as compared
247 to the casein control (Figure 1). These observations may suggest a potentially weaker gut protection

248 following phaseolin intake, with differential effects in the ileum and the colon depending on
249 phaseolin cooking.

250 Muc3 contributes to the protection of the intestinal epithelium. A higher intestinal expression of
251 Muc3 mRNA following hypoxia suggests a protective mechanism during episodes of diminished
252 oxygen delivery⁽²⁴⁾. Conversely, a reduction in Muc3 mRNA levels has been reported in Crohn's
253 disease patients⁽²⁵⁾. In the present work, the level of unheated phaseolin in diets affected Muc3
254 mRNA levels in opposite ways depending on the intestinal segment: it decreased in ileal tissue and
255 increased in colonic tissue. These results suggest that ileal Muc3 gene expression may be negatively
256 regulated by ileal N flow while that of colonic Muc3 may be positively regulated by colonic N flow.
257 Although the correlation between ileal Muc3 mRNA level and ileal N flow did not reach
258 significance, colonic Muc3 mRNA level was found to be positively correlated to colonic N flow (r
259 = 0.70, $P < 0.05$). Heat treatment of phaseolin decreased the expression of Muc3 mRNA in the
260 colon, an observation which supports the latter assumption. Further work is needed to demonstrate
261 causal links between mucin gene expression and digesta flow or fermentation in order to contribute
262 to explain regional variations in the expression of these genes along the gut.

263 Muc4 gene is expressed in cells at the basement of crypts in the small intestine but its expression
264 is higher in the colon where it is located in goblet cells⁽²⁶⁾. Muc4 appears to play important roles in
265 epithelial growth, cell differentiation⁽²⁷⁾, mucosal defense⁽²⁸⁾ and intestinal lubrication⁽²⁶⁾. In the
266 present study, the increased expression of Muc4 mRNA levels in colonic tissues and the trend in
267 ileal tissues, in response to increased levels of dietary phaseolin could not be explained by changes
268 in the flow of DM (or fresh digesta) in the ileum and the colon that were not significant. Heat-
269 treated phaseolin, also reduced the expression of Muc4 mRNA.

270 Trefoil family 3 (Tff3) gene is also expressed in the mucin secretory cells. It helps to protect and
271 stabilize the mucus layer and heal the epithelium⁽²⁹⁾. As for the Muc family genes (except Muc1), a
272 reduction in the expression of Tff3 mRNA in the colonic tissue after thermal treatment of phaseolin
273 was observed. A positive association between intestinal trefoil factor and Muc3 expressions has
274 been linked with mucosal hypoxia and altered epithelial barrier function⁽²⁴⁾.

275 The link between Muc gene tissue expressions and mucin flow along the intestines does not
276 seem to be straightforward, because this flow reflects the balance between mucin production and
277 luminal degradation by the microbiota⁽⁸⁾ and also because Muc gene expression varies regionally
278 along gut compartments for a given diet⁽³⁰⁾. The most consistent point in the present work was the
279 lower colonic mucin flow with heated phaseolin which could reflect, at least partly the lower
280 colonic Muc2 mRNA levels with this diet. By contrast, Muc gene levels and mucin flow were
281 varying in different ways along the gut according to the dietary treatments (e.g. in the ileum, casein-

282 based control diet had similar mucin flow while higher Muc2 gene expression than phaseolin-
283 containing diets).

284 In previous studies with longer periods of feeding (2 weeks) similar phaseolin-based diets, we
285 did not observe health problems or important alterations in gut anatomy and enzyme activities ⁽¹⁵⁾.
286 Therefore, it can be suggested that the changes in the expression of Muc genes in gut tissues
287 (mainly in colon) as noted here might have had little effect on gut function, at least in our
288 experimental conditions.

289

290 *Nutritional factors modulating mucin gene expression and mucin synthesis*

291 A number of studies suggest that casein may influence mucin secretion and gene expression in
292 the intestine ^(11, 31-34). Varying the level and the origin (animal vs. vegetal) of protein in milk
293 formulas modulated mucin gut flow in baby calves ⁽¹¹⁾. Hydrolyzed casein increased ileal
294 endogenous amino acid losses in humans ⁽³¹⁾ and gut tissue Muc3 and Muc4 mRNA levels in rats
295 ⁽³²⁾. Hydrolyzed casein and related peptides (e.g. β -casomorphin-7) also induced mucin secretion in
296 rat isolated and perfused jejunum ⁽³³⁾ and increased the expression of Muc2 and Muc3 genes in
297 intestinal mucin-producing cells ⁽³⁴⁾. Here, casein may have been responsible for the higher Muc2
298 mRNA levels observed in the ileal tissues. However, in the colon Muc gene expression was similar
299 or higher to those observed with casein when the level of unheated phaseolin increased in the diet.
300 Possible effects of casein peptides on intestinal mucin gene expression and flow make the
301 interpretation of data more difficult in studies where casein is used as the control and is substituted
302 with other protein sources (e.g. phaseolin), as in the present study. However, it may be borne in
303 mind that luminal concentrations of casein peptides, including that of β -casomorphin-7 after milk or
304 casein intake have never been determined *in vivo* ⁽³³⁾. Also, two independent studies revealed that
305 the bioactive peptide β -casomorphin-7 is not detected in digests after casein digestion *in vitro* ^(35,36).
306 Additionally, the demonstration of β -casomorphin-7 secretory properties on jejunal mucin with rat
307 isolated and perfused jejunum ⁽³³⁾ does not provide evidence for such effects on the ileum or the
308 colon, the two sites under study in the present work. Finally, results from investigations with
309 hydrolyzed casein ^(31, 33) do not mean that entire casein that is subsequently hydrolyzed by
310 endogenous proteases and peptidases may have resulted in the same effects as exogenously
311 hydrolyzed casein on mucin flow and gene expression. Collectively, there is no evidence to date
312 showing that casein peptides (like β -casomorphin-7) are released during casein digestion and are
313 bioactive *in vivo*. Therefore, the most reasonable interpretation of the present data is that phaseolin
314 was responsible for the observed changes in intestinal mucin flow and gene expression.

315 Dietary threonine is also important to consider because it is highly represented in mucin, its
316 dietary restriction reduces intestinal mucin synthesis specifically ^(37,38) and it may become a limiting

317 amino acid for mucin synthesis in intestinal inflammation^(39,40) in rats and pigs. Threonine
318 restriction reduced Muc gene expression in the small and large intestines of rats⁽³⁹⁾. According to
319 the amino acid composition of casein and phaseolin⁽⁴¹⁾ and the ileal digestibility of N in the present
320 diets, the theoretical availability of amino acids decreased as the level of unheated phaseolin
321 increased in the diet. The casein-based control diet provided 25 and 68% more threonine than
322 phaseolin P33 and P67 diets, respectively. These diets with unheated phaseolin did not lead to a
323 reduction in ileal mucin flow. The limited threonine supply with the unheated phaseolin-containing
324 diets may have been responsible, at least partly for the changes recorded in the ileal Muc gene
325 expression in this work. In the colon, the mucin flow decreased in proportion to the unheated
326 phaseolin included in the diet. This could have been caused by bacterial fermentation being
327 stimulated by indigested phaseolin components, thus leading to enhanced mucin degradation in the
328 colon. Dietary protein type and amino acid composition influence the colonic microbiota and
329 resulting profiles of short chain fatty acids which, in turn modulate the mucus layer^(8,12) and the
330 expression of secreted (Muc2) and membrane-bound (Muc1, Muc3, Muc4) mucins^(30,42,43). It can
331 partially explain the increased proportion of Muc3 and Muc4 gene expressions as dietary unheated
332 phaseolin was included in the diet.

333 Although the casein control diet and the heat-treated phaseolin diet had similar and high
334 digestibilities, they displayed different Muc2 mRNA levels in ileal and colonic tissues and different
335 colonic mucin flow. Both of these observations could be explained by the β -casomorphin-7 peptides
336 of casein⁽³³⁾ and/or changes in microbiota^(30,42,43) as explained above. New investigations are
337 needed to determine the influence of phaseolin on gut fermentation profiles and possible links with
338 gut Muc gene expression.

339

340 *Effect of phaseolin on digesta flow along the gastrointestinal tract and on digestibility*

341 The present results revealed increased flows of DM and N that led to a reduction in apparent N
342 digestibility in rats fed with the highest level of unheated phaseolin in the diet, in agreement with
343 our previous studies⁽¹⁵⁾. The low nutritional value of unheated phaseolin consumed chronically may
344 be due mainly to its high resistance to enzymatic hydrolysis, as evidenced by increased ileal and
345 faecal output of undigested phaseolin polypeptides⁽⁴⁴⁾. Heat treatment of phaseolin reduced ileal
346 and fecal N output, thus increasing the apparent digestibility of N. These observations are in
347 agreement with previous investigations^(2,7,45,46). Recently, we showed that these improvements were
348 related to the disappearance of undigested phaseolin polypeptides in ileal digesta following heat
349 treatment of phaseolin^(15,44).

350

351 In conclusion, this study provides evidence that the level and the source of protein influence the
352 flow of mucin and the expression of various Muc family genes in the ileal and colonic tissues.
353 Additionally, we showed that different sources of protein (casein vs. phaseolin) with similar
354 digestibility could influence Muc gene expression in the intestines differentially. Further work is
355 required to elucidate the actual mechanisms of Muc gene modulation by phaseolin and to evaluate
356 the possible functional outcomes of phaseolin intake in terms of gut protection.

357

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362 Research is public. Bean varieties containing different phaseolin types are available to research
363 scientists at CIAT, as long as they are not commercialized afterwards. P. Leterme, J. Claustre and
364 J.P. Lallès designed the study and revised the manuscript, C.A. Montoya did the lab work and
365 prepared the manuscript under Dr Lallès's supervision, S. Beebe produced the beans and the
366 phaseolins, and V. Romé did the gene expression analysis.

367

368 **Abbreviations used**

369 BSA, bovine serum albumin; BW, body weight; ELLA, enzyme-linked lectin assay; GAPDH,
370 glyceraldehyde-3 phosphate dehydrogenase; Tff3, trefoil factor 3; WGA, wheat germ agglutinin

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- 485

Table 1. Ingredient and analytical composition of the experimental diets.

	Experimental diet*			
	P0	P33	P67	P67-H†
<i>Ingredients (g/kg DM)</i>				
Casein	120	83	41	41
Phaseolin‡	0	35	70	70
Starch	599	601	608	608
Sucrose	100	100	100	100
Ground rice hulls	80	80	80	80
Vegetal oil	60	60	60	60
Vitamin-trace elements§	10	10	10	10
Calcium phosphate	14	14	14	14
Calcium carbonate	3	3	3	3
Sodium chloride	2	2	2	2
Potassium chloride	7	7	7	7
Magnesium sulfate	2	2	2	2
Chromium oxide	3	3	3	3
<i>Analysis (g/kg DM)</i>				
Dry matter (g/kg)	908	903	908	915
Protein (N x 6.25)	96	103	96	96
Ether extract	65	65	64	66
Ash	71	67	67	64
Neutral detergent fiber	63	70	70	67
Gross energy (MJ/kg DM)	16.3	16.3	16.4	16.3

* Diets: P0: casein control, P33, P67: diets with phaseolin T contributing to 330, 670 g/kg of total dietary protein.

Casein was supplemented with 30 g DL-methionine per kg dry matter casein.

† P67-H: heat treated (121 °C, 15 min) phaseolin.

‡ Purified phaseolin of the T type.

§ Mineral and vitamin mixture supplied per kg of diet: 7.5 mg vitamin A; 0.2 mg vitamin D3; 15 mg vitamin E; 6 mg vitamin K; 10 mg vitamin B2; 35 mg calcium pantothenate; 75 mg niacin; 2.5 mg vitamin B6; 0.05 mg vitamin B12; 0.05 mg biotin; 200 mg choline; 150 mg Mn; 500 mg Zn; 40 mg Cu, 200 mg Fe; 2 mg I; 0.5 mg Se, 1 mg Co.

Table 2. Nucleotide sequences of the PCR primers used to measure the effect of phaseolin in rats.

Gene	Primer	Sequences (5' - to -3')	Reference
18S	sense	ACGGAAGGGCACCACCAGGAG	(28)
	antisense	GCACCACCACCCACGGAAACG	
Muc1	sense	TCGACAGGCAATGGCAGTAG	(16)
	antisense	TCTGAGAGCCACCACTACCC	
Muc2	sense	GCCTCAAACCCGTGCGTGTC	(47)
	antisense	TCATTCACCAACCACTCATC	
Muc3	sense	CTTGAGGAGGTGTGCAAGAAA	(32)
	antisense	CCCCAGGGTGACATACTTTG	
Muc4	sense	GCTTGGACATTTGGTGATCC	(32)
	antisense	GCCCGTTGAAGGTGTATTTG	
Tff3	sense	CCTGGTTGCTGGGTCCTCTG	(28)
	antisense	GCCACGGTTGTTACACTGCTC	

Table 3. DM, N and mucin flows along the gastrointestinal tract and apparent ileal and fecal digestibilities of DM and N in rats fed graded levels of unheated phaseolin and of heat-treated phaseolin (n = 4-5 per treatment).

	<u>Treatment*</u>				<u>Level of unheated phaseolin†</u>			<u>Heat treatment‡</u>	
	P0	P33	P67	P67-H	SEM§	<u>P- Contrast</u>		SEM§	P
						Linear	Quadratic		
<i>DM flow (mg/g DM intake)</i>									
Ileum	221	230	275	215	21	0.130	0.512	26	0.280
Colon	110	123	116	117	10	0.664	0.432	7	0.740
Faeces	103 ^b	102	140 ^a	96 ^b	7	0.001	0.008	12	0.001
<i>N flow (mg/g N intake)</i>									
Ileum	100 ^b	300	416 ^a	102 ^b	29	0.001	0.598	16	0.001
Colon	14 ^b	139	254 ^a	59 ^b	39	0.004	0.871	26	0.001
Faeces	92 ^b	173	427 ^a	105 ^b	20	0.001	0.007	19	0.001
<i>DM apparent digestibility (%)</i>									
Ileum	0.78	0.77	0.73	0.79	0.02	0.130	0.512	0.03	0.280
Faeces	0.90 ^a	0.90	0.86 ^b	0.90 ^a	0.01	0.001	0.008	0.01	0.001
<i>N apparent digestibility (%)</i>									
Ileum	0.90 ^a	0.70	0.59 ^b	0.90 ^a	0.02	0.001	0.160	0.02	0.001
Faeces	0.91 ^a	0.83	0.57 ^b	0.91 ^a	0.02	0.001	0.007	0.02	0.001
<i>Mucin flow</i>									
Ileum (µg/g DM intake)	2149	2358	2443	2292	382	0.619	0.895	329	0.830
Colon (ng/g DM intake)	539 ^a	238	171 ^b	248 ^b	34	0.001	0.025	120	0.002

Faeces (ng/g DM intake)	85	57	66	57	12	0.279	0.280	11	0.250
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* P0 casein control; P33, P67: diets with unheated phaseolin contributing to 330 and 670 g/kg of the total dietary protein in the diet; P67-H: diet with heated (H) phaseolin contributing to 670 g/kg of total protein in the diet.

† Comparisons between diets P0, P33 and P67.

‡ Comparisons between diets P0, P67 and P67-H.

§ SEM: standard error of the mean.

|| Values with different letters (a,b,c) in the same row between P0, P67 and P67H treatments differ significantly at $P < 0.05$.

Table 4. Mucin gene expression in ileal and colic tissue in rats in rats fed graded levels of unheated phaseolin (n = 4-5 per treatment).

		<u>Treatment*</u>			SEM†	<u>P- Contrast</u>	
		P0	P33	P67		Linear	Quadratic
Ileum	Muc1	1.74	1.25	1.82	0.41	0.866	0.342
	Muc2	6.83	6.96	5.41	0.60	0.110	0.253
	Muc3	0.85	1.08	0.76	0.10	0.540	0.060
	Muc4	1.69	1.37	1.52	0.11	0.255	0.093
	Tff3	1.48	1.28	1.57	0.17	0.697	0.253
Colon	Muc1	3.80	3.06	2.14	0.93	0.171	0.928
	Muc2	5.69	4.90	5.35	0.51	0.625	0.304
	Muc3	3.82	5.95	6.32	1.03	0.090	0.434
	Muc4	3.04	4.95	5.48	0.62	0.023	0.355
	Tff3	2.75	3.40	3.23	0.39	0.421	0.407

* P0 casein control; P33, P67: diets with unheated phaseolin contributing to 330 and 670 g/kg of the total dietary protein in the diet.

† SEM: standard error of the mean.

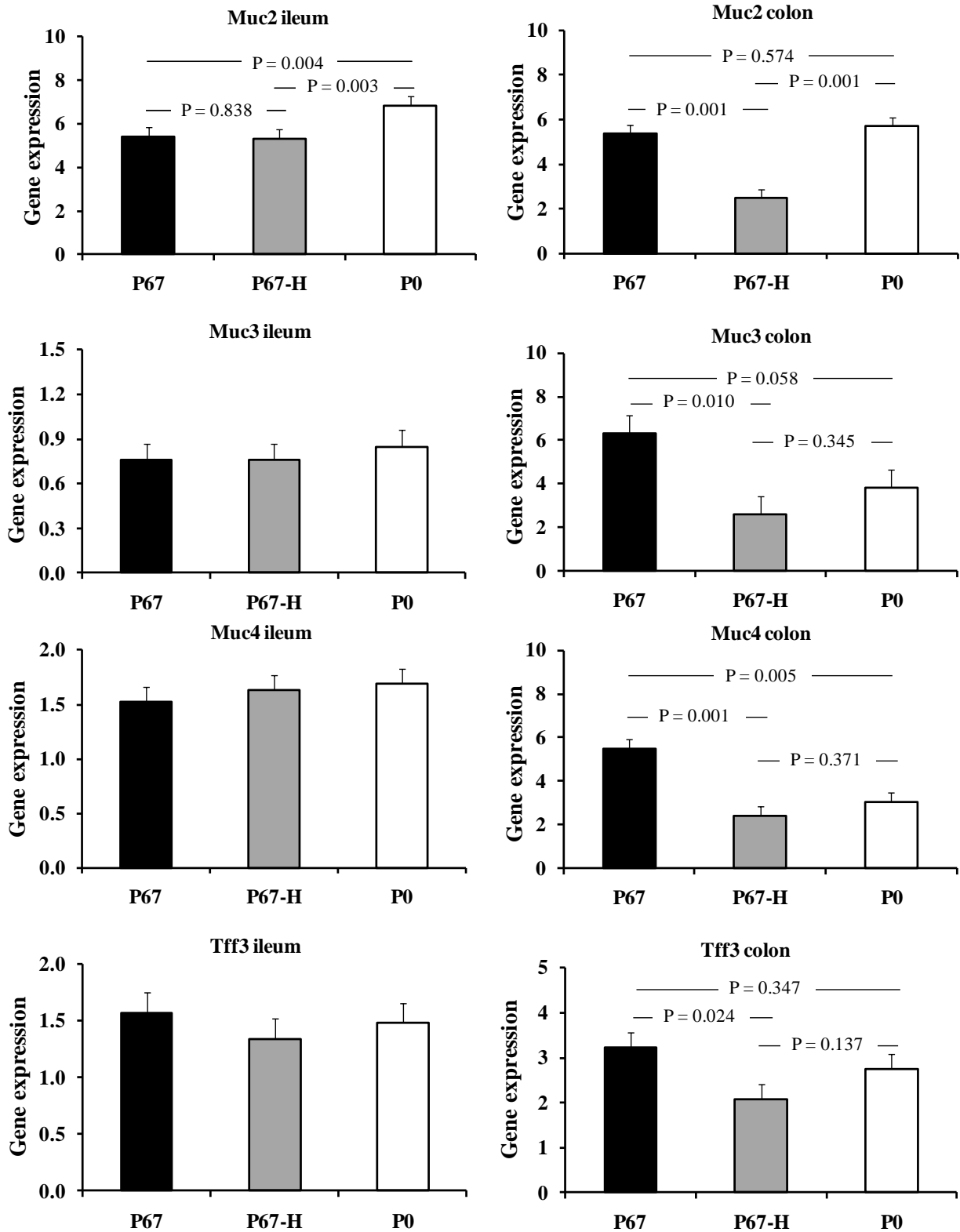


Figure 1. Influence of heat treatment of phaseolin on mucin gene expression in ileal and colonic tissues of rats (means and SEM, $n = 4-5$). The overall probabilities for treatment effects were for Muc2 ($P = 0.004$ and 0.001), Muc3 ($P = 0.789$ and 0.027), Muc4 ($P = 0.732$ and 0.003) and Tff3 ($P = 0.432$ and 0.062) in the ileum and in the colon, respectively.