

1 Energy and carbon footprints of ethanol production using banana and 2 cooking banana discard: a case study from Costa Rica and Ecuador

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20 Abstract

21 Banana and cooking banana (*Musa spp.*) production systems accumulate a considerable
22 quantity of discard due to high quality demands of markets. Ripe fruits have high sugar
23 contents, which can be easily processed to ethanol. The present study aimed to quantitatively
24 assess the production potential of ethanol from *Musa spp.* discard and to analyze the energy
25 and carbon (C) footprints of this production system using a life cycle approach. The study
26 compared three case studies differing in management practices, which were (I) a coffee
27 producer's cooperative in Costa Rica using *Musa spp.* as shade trees, (II) organic banana
28 producers from Ecuador, and (III) conventional banana producers from Ecuador. It was found
29 that banana and cooking banana discard accumulated at a rate of 1.4-3.4 t ha⁻¹, of which
30 around 118-266 l ethanol could be produced on a yearly basis. The case study from Costa
31 Rica yielded a net-energy balance (NEB) of 19.3 MJ l⁻¹ and avoided carbon emissions of 0.48
32 kg l⁻¹. It was closely followed by the organic banana producers from Ecuador with a NEB of
33 17.1 MJ l⁻¹ and avoided carbon emissions of 0.44 kg l⁻¹. NEB and avoided carbon emissions
34 for the conventional banana farms in Ecuador were much lower (7.2 MJ l⁻¹ and 0.34 kg l⁻¹).
35 Despite providing economic benefits to farmers through a biomass source that would have
36 been otherwise lost, the study gave clear evidence that the ecological footprint of this ethanol

37 production system is significantly influenced by the resource use during the production life
38 cycle.

39

40 **Keywords:** Carbon emissions, ethanol, life cycle analysis, *Musa spp.*, net-energy balance

41

42 **Abbreviations**

43	C	Carbon
44	CO ₂	Carbon dioxide
45	DM	Dry matter
46	EtOH	Ethanol
47	FW	Fresh weight
48	K	Potassium
49	N	Nitrogen
50	NEB	Net-energy balance
51	P	Phosphorous
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53 **1. Introduction**

54 Biofuels can contribute to support sustainable energy strategies and to reduce the dependency
55 on fossil fuel imports, but it has to be considered that the energy efficiency and greenhouse
56 gas reduction potential of biofuels strongly depends on how they are produced [1-3]. The
57 cultivation and processing of crops that depend on high external inputs such as mineral
58 fertilizers and pesticides can result in negative net-energy balances and high carbon footprints
59 [4]. In addition to the environmental dimension also the social dimension of biofuels has to be
60 taken into account, as the extended cultivation of biofuel crops can lead to competition with
61 food crops and to deforestation of native forests, having impact on people that depend on
62 natural resources to sustain their livelihoods [5], or simply have less access to land for
63 cultivating the crops that offer food security. In this context the production of biofuels from
64 waste biomass is regarded as a sustainable alternative without competing for alternative uses
65 and areas [4]. However, not much information is available on environmental impacts of small-
66 scale biofuel production in developing countries and case specific analyses are strongly
67 needed to draw conclusions on environmental as well as socio-economic costs and benefits
68 [6].

69 Bananas and cooking bananas (genome constitutions AAA, AAB, ABB) are derived from
70 crosses between the wild species *Musa acuminata* (AA) and *Musa balbisiana* (BB) [7], and
71 are considered to have the second highest energy yield per hectare after cassava [8]. They are
72 either cultivated by smallholders in association with other food crops at low densities (i.e. as
73 shade trees for perennials such as coffee or cacao) or in commercial plantations at high
74 densities (in this case mainly banana). For Ecuador it is estimated that 10-12% of all
75 economically active people obtain some benefit from banana production and 80% of total
76 export production comes from growers that cultivate areas smaller than 30 ha [9]. Around 20-
77 40% of the bananas that are produced do not meet export standards or even quality demands
78 of local markets, and are usually deposited in open-air dumps [10-12]. Alternative uses for
79 these discards have to be explored, and in this regard the processing to ethanol is seen to have
80 a potential both from an environmental as well as economic point of view.

81 The aim of the present study was to analyze the feasibility to produce ethanol from *Musa spp.*
82 discard in different production systems of Costa Rica and Ecuador. The study aimed to collect
83 production data from the regions, and to apply a life cycle assessment as a methodological
84 framework for assessing the environmental impact that is attributable to the life cycle of
85 ethanol, with a main focus on net-energy balances and carbon emissions. The study further
86 aimed to quantify the economic benefit that farmers could obtain from this activity.

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88 **2. Materials and Methods**

89 The first case study was conducted within a coffee cooperative in Costa Rica, which was
90 located at an altitude of 1500-1900 m asl and comprised an area of 1500 ha small-scale coffee
91 plantations providing livelihoods to approximately 780 families. *Musa spp.* are commonly
92 grown together with coffee plants. The cooperative already operates an ethanol processing
93 plant for the residues that accumulate during the post-harvest processing of coffee, which are
94 approximately 3 million tonnes coffee pulp per year. It is estimated that from this residues
95 around 182 m³ ethanol could be produced (Coopedota, unpublished data). As coffee bean
96 harvest takes place only during three month of the year, there is a free capacity of the
97 processing plant for the rest of the year, which could be used to produce ethanol from *Musa*
98 *spp.* discard.

99 The second case study was conducted in Ecuador and covered two groups of banana
100 producers. The first target group was composed of medium-size organic banana farms in the
101 provinces of Guayas and Chimborazo at an average altitude of 440 m asl. The second target
102 group covered conventional small-scale banana producers in the lowlands of the province of
103 Guayas at an altitude of about 26 m asl. In the Ecuadorian case a processing plant is not yet
104 available, but a plant with a processing capacity of 500 l day⁻¹ is under construction.
105 For both case studies interviews were conducted with farmers in order to collect data about
106 the availability of *Musa spp.* biomass, cultivation practices, economic returns from
107 agricultural activities and gasoline demands of households. In Costa Rica interviews were
108 conducted with 80 farmers and in Ecuador with 20 farmers. This baseline data as well as
109 secondary data from literature (Table 1) was used to calculate energy and carbon footprints
110 using a life cycle approach [6,13-15]. The life cycle analysis considered energy consumption
111 and carbon emissions for all relevant stages of production, which were (I) agricultural
112 production (use of fertilizers and pesticides), (II) transport of biomass from the field to the
113 processing plant and (III) processing of the feedstock to ethanol.

114 **Table 1**

115 A theoretical approach was applied for estimating the conversion efficiency of *Musa spp.*
116 biomass to ethanol. During the fermentation of glucose one glucose molecule is converted
117 into two ethanol and two carbon dioxide molecules:



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We estimated ethanol yields by taking the total fermentable sugar concentration (i.e. sucrose, fructose, glucose) of ripe banana and plantain varieties (Table 2), and converting them to ethanol through the ratios of atoms of each element, which was calculated as

$$\text{EtOH} = (\text{TS} * 0.51) / 0.79 \quad (2)$$

where EtOH is the ethanol yield of dry matter concentration (1 t^{-1}); TS the total sugar concentration in dry matter of ripe varieties (g g^{-1}); 0.51 the share of the atomic weight that is converted to ethanol; and 0.79 the density of ethanol.

Table 2

The net-energy balance (NEB) of ethanol production was calculated as

$$\text{NEB} = \text{EC}_{\text{ethanol}} - \text{EC}_{\text{fossil energy}} \quad (3)$$

where $\text{EC}_{\text{ethanol}}$ is the energy content of ethanol (21.06 MJ l^{-1} , Table 1); and $\text{EC}_{\text{fossil energy}}$ the fossil energy that is consumed during cultivation, transport and processing of the ethanol feedstock (MJ l^{-1}).

Another indicator for energy efficiency is the energy output/input ratio, which refers to the output of ethanol energy per unit fossil energy used, and was calculated as

$$\text{Output/input} = \text{EC}_{\text{ethanol}} / \text{EC}_{\text{fossil energy}} \quad (4)$$

Avoided carbon emissions (which are defined as those C emissions that are avoided when biofuel is used instead of petroleum based gasoline) were calculated as

$$\text{C}_{\text{avoided}} = (\text{C}_{\text{fossil fuel}} - \text{C}_{\text{ethanol}}) * 0.65 \quad (5)$$

where $\text{C}_{\text{avoided}}$ are avoided carbon emissions (kg l^{-1}); $\text{C}_{\text{fossil fuel}}$ carbon emitted during production and combustion of fossil fuels (0.85 kg l^{-1} , Table 1); $\text{C}_{\text{ethanol}}$ carbon emitted during the life cycle of ethanol production (kg l^{-1}), including the agricultural production stage; and 0.65 the factor to convert $\text{C}_{\text{avoided}}$ to the energy content of ethanol, which is 65% of the energy content of gasoline. Carbon emitted during combustion of biofuels was not taken into account, as it was assumed that this carbon had been captured as CO_2 from the atmosphere by photosynthesis during plant growth.

150 **3. Results**

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152 **3.1 Production data**

153 **3.1.1 Costa Rica**

154 The average farm size of the coffee producers belonging to the cooperative was 4.6 ha and
155 was located at an average distance of 5.7 km to the processing plant. Coffee bean yield was
156 $1.7 \text{ t ha}^{-1} \text{ y}^{-1}$ and generated a yearly gross income of about 1800 \$ ha^{-1} . Nitrogen, Phosphorous
157 and Potassium were applied at rates of 180, 50, and 150 $\text{kg ha}^{-1} \text{ y}^{-1}$. *Musa spp.* were
158 commonly grown within the plantations to provide shade and organic matter for the coffee
159 trees, and to improve the microclimate in the fields. The most widespread *Musa* species
160 within the cooperative was Guineo, which is a starchy non-plantain cooking banana (AAAEa)
161 originating from the East African Highlands [27]. Additionally, about two thirds of the
162 farmers cultivated several banana and cooking banana varieties, including plantain (AAA,
163 AAB, ABB). Mean plant density of *Musa spp.* was 350 plants ha^{-1} , resulting in a yearly
164 biomass of 5.4 t ha^{-1} (Table 3). The diverse range of *Musa spp.* plants were regarded as
165 beneficial for coffee plants and did not receive extra inputs.

166 It was found that more than 40% of Guineo fruits were left to be rotten in the field, whereas
167 around one third were used as animal feedstock. Only a small amount of Guineo was used for
168 home consumption or sold on the market (Fig. 1). On the other hand more than 50% of
169 bananas and cooking bananas (plantain) were used for home consumption; a considerable
170 smaller percentage was sold on markets or used as animal feed. The accumulation of banana
171 and plantain discard was less than 15% of the total harvest (Fig. 1). Accordingly, the waste
172 biomass of Guineo, banana and cooking banana (plantain) that would be available for the
173 processing to ethanol amounted to 1.4, 0.13 and 0.08 $\text{t ha}^{-1} \text{ y}^{-1}$. This would be equivalent to a
174 total pulp biomass (biomass that will be processed, without peel) of approximately 960 kg ha^{-1}
175 y^{-1} or an ethanol yield of $131 \text{ l ha}^{-1} \text{ y}^{-1}$ (Table 3).

176 **Fig. 1**

177 *Musa spp.* varieties perform differently in terms of ethanol yield, which is mainly a result of
178 compositional characteristics such as pulp to peel ratio, dry matter and sugar concentrations
179 [24]. For the Costa Rican case study the highest ethanol yields per bunch would be obtained
180 from bananas (several varieties, 3.0 liter per bunch) rather than cooking bananas (in this case
181 Dominico and Guineo, both 1.8 liter per bunch), which is mainly due to higher bunch weights
182 and sugar concentrations of bananas (Table 3).

183 **Table 3**

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185 **3.1.2 Ecuador**

186 The first target group (organic banana farms) had an average size of 31.3 ha, of which around
187 20 ha were solely dedicated to banana production (varieties: Bocadillo, Tafetan). The
188 remaining area was destined to other crops such as coffee, cacao, maize and pastures. The
189 average plant density was 1112 plants ha⁻¹ for the Bocadillo variety and 625 plants ha⁻¹ for the
190 Tafetan variety, yielding around 19.5 and 11.1 t ha⁻¹ y⁻¹, respectively (Table 4). Mineral
191 fertilizers were not applied and it was assumed that nutrient inputs to the farming system were
192 generated on-farm, such as animal manure from cattle, goats, and sheep, cacao and banana
193 leaves, banana peels and leguminous species as cover crops. However, organic farmers were
194 forced to apply bio-fungicides.

195 The conventional small-scale banana farms of the second target group had an average size of
196 2.7 ha, of which 2.5 ha were destined for the cultivation of bananas (variety: Cavendish).
197 Plant density was around 1216 plants ha⁻¹, resulting in a yield of 40.9 t ha⁻¹ y⁻¹ (Table 4). In
198 this production system Nitrogen and Potassium were applied at rates of 300 and 450 kg ha⁻¹ y⁻¹
199 ¹, and pesticides at a rate of 40 kg ha⁻¹ y⁻¹, indicating a high use of external inputs.

200 As in the two Ecuadorian case studies a processing plant was not yet available, it was
201 assumed that a future processing plant would be located at an average distance of 10 km from
202 the fields; this was taken as the basis for calculating the energy demands for the transport of
203 the feedstock from the field to the processing plant. Bananas of both production systems were
204 destined for national and export markets, whereas the use for home consumption or as animal
205 feed was insignificant. It was estimated that 8.3% of the total banana production was lost as
206 discard, which corresponded to a pulp biomass of 0.84 t ha⁻¹ y⁻¹ for the organic farms and 2.1 t
207 ha⁻¹ y⁻¹ for the conventional farms, or potential EtOH yield of 118 and 266 l ha⁻¹ y⁻¹,
208 respectively (Table 4). Both banana varieties of the organic farms had a much lower EtOH
209 yield per bunch (Bocadillo: 2.1 liter per bunch, Tafetan: 2.1 liter per bunch) than the
210 Cavendish variety of the conventional producers (3.1 liter per bunch), which was mainly
211 attributable to the high bunch weight of the latter (Table 4).

212 **Table 4**

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214 **3.1.3 Yield potential of varieties**

215 Fig. 2 summarizes potential ethanol yields for several banana and cooking banana varieties
216 grown under similar conditions at different altitudes (i.e. <500 m asl and 1000-1500 m asl,
217 representing the altitudinal range of the case studies in Costa Rica and Ecuador). Ethanol
218 yields for banana varieties are approximately 1.6 times higher at altitudes <500 m asl than at
219 altitudes 1000-1500 m asl, which is mainly due to shorter production cycles in warmer
220 climates. Cooking banana varieties like Guineo, Guayabo and Dominico on the other hand are
221 not cultivated at such low altitudes. At altitudes <500 m asl the highest EtOH yield on a
222 hectare basis would be obtained for the dessert hybrid variety FHIA 1 (386 l ha⁻¹ y⁻¹),
223 followed by the banana varieties Gros Michel (290 l ha⁻¹ y⁻¹) and Cavendish (250 l ha⁻¹ y⁻¹). At
224 altitudes between 1000-1500 m asl the highest EtOH yields would be obtained for Gros
225 Michel (181 l ha⁻¹ y⁻¹) and Bocadillo (196 l ha⁻¹ y⁻¹). Other banana varieties (i.e. Cavendish,
226 156 l ha⁻¹ y⁻¹) or cooking banana varieties (i.e. Dominico, 149 l ha⁻¹ y⁻¹ and Maqueño, 162 l
227 ha⁻¹ y⁻¹) showed also relatively high EtOH yields at the higher altitude. However, it should be
228 considered that the cultivation of more traditional cooking bananas would be rather not
229 practiced at such a high plant density that was chosen for this simulation.

230 **Fig.2**

231

232 **3.2 Energy and carbon footprints**

233 Potential energy inputs to the biofuel production chain originated from the manufacturing and
234 application of fertilizer and pesticides, from transportation of the biomass from the field to the
235 processing plant as well as from energy requirements of the processing plant. The
236 conventional banana producers of Ecuador showed the by far highest energy and carbon
237 footprint during the ethanol production life cycle, which corresponded to an energy
238 consumption that was roughly 3.5 times higher than that of the organic banana producers (Fig.
239 3A). Regarding the organic banana producers no energy and carbon credits were related to
240 fertilizers, as it was assumed that this resource originated within the farm boundary, such as
241 from animal manure and plant residues. However, under the pesticides category some inputs
242 were credited to fungicide applications. The lowest energy and carbon footprint was obtained
243 for the Costa Rican case study, where energy and carbon credits were only related to the
244 transportation of the biomass and the processing of the feedstock (Fig. 3B).

245 **Fig. 3**

246 The best net-energy balance (NEB) was obtained for the case study from Costa Rica (19.3 MJ
247 l⁻¹), closely followed by the organic banana production system of Ecuador (17.1 MJ l⁻¹). Both

248 systems operated with low external input, which was especially due for the Costa Rican case
249 study, where Musaceas are planted as secondary crops in the coffee fields. The net-energy
250 balance for the conventional banana farms in Ecuador was much lower (7.2 MJ l^{-1}), mainly
251 due to the high energy credits of fertilizers and pesticides on which this system depended
252 (Table 5). Avoided carbon emissions showed principally the same tendency, with the case
253 study from Costa Rica yielding the highest avoided emissions (0.48 kg l^{-1}), followed by the
254 organic and the conventional banana producers of Ecuador (0.44 and 0.34 kg l^{-1} , Table 5).
255 Fertilizer manufacture had a lower carbon than energy footprint (Fig. 3.), which might be the
256 reason that the conventional banana farms of Ecuador scored better in avoided carbon
257 emissions than in net-energy balance.

258 **Table 5**

259 Fig. 4 shows the sensitivity of the net-energy balance to changes in the five key parameters
260 that influence the energy footprint of the ethanol system. NEB reacted most sensitive to
261 changes in the amount of mineral N fertilizer, but also to the application of pesticides. NEB
262 was less sensitivity to changes in distance to the processing plant, energy requirements of
263 processing plant and application of K fertilizer.

264 **Fig. 4**

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266 **3.3 Nutrients and co-products**

267 A co-product from the processing of ethanol is stillage, which accumulates at a rate of 12 l per
268 l ethanol processed [23]. The Nitrogen, Phosphorous and Potassium concentration of banana
269 stillage is estimated to be 1.7, 0.2 and 2.8 g l^{-1} [10]. This co-product could be possibly
270 recycled on-farm providing nutrients to the fields. In the present case study stillage could
271 recover around 3.8 – 7.2 % of nutrients that are removed from the fields through banana
272 cultivation (Table 6).

273 **Table 6**

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275 **3.4 Economic impact**

276 Yearly gasoline consumption of the farm households varied between 1100 and 1700 l y^{-1} ,
277 corresponding to yearly gasoline expenditures of 1110 to $2360 \text{ \$ y}^{-1}$ (actual gasoline prices are
278 much lower in Costa Rica ($0.97 \text{ \$ l}^{-1}$) than in Ecuador ($1.40 \text{ \$ l}^{-1}$) (Table 7). Based on the
279 production potential of the case study farms it could be estimated that in the case of Costa
280 Rica 52% and in the case of the Ecuadorian small-scale farms 40% of the gasoline

281 consumption of farm households could be replaced by ethanol from *Musa spp.* discard
282 (assuming that vehicles can run on any combination of ethanol and petrol), which would be
283 equivalent to saved gasoline expenditures of 582 and 931 \$ year⁻¹, respectively. The medium-
284 sized organic banana farms of Ecuador would produce two times more ethanol than would be
285 currently expended by the farm households.

286 The replacement of conventional gasoline with ethanol produced from *Musa spp.* discard
287 could allow farm households to save carbon emissions in the range of 288, 1038 and 226 kg y⁻¹
288 ¹ for the case studies from Costa Rica, Ecuador organic and Ecuador conventional,
289 respectively. Avoided carbon emission for the Costa Rican case study would be even higher
290 considering the ethanol production potential from coffee waste, which was not considered in
291 this study.

292 **Table 7**

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295 **4. Discussion**

296 Morris [28] distinguishes two types of land use change which may result from biofuel
297 production, which is direct land use change through a conversion of non-crop land into energy
298 crop land, and indirect land use change through a displacement of food and feed crops on
299 existing crop land by energy crops. We assume that in the case of the present biofuel system,
300 which focused on using banana and cooking banana discard as a feedstock for ethanol
301 production, neither direct nor indirect land use changes occur, as it is a waste product which
302 would have been otherwise lost. However, such a production system can only be regarded as
303 sustainable when net-energy balances are clearly positive, and when avoided carbon
304 emissions exists compared to petroleum based fuels. The more external inputs enter the
305 production system, the larger is its ecological footprint. This was strongly reflected by the
306 conventional banana producers in Ecuador, which were forced to apply high amounts of
307 mineral fertilizers and pesticides, resulting in a NEB that was 2.4 times lower than the NEB of
308 the organic banana producers. In this regard the life cycle approach proved to be a valuable
309 screening tool for analyzing the resource use of such production systems. To define a
310 sustainable bioenergy system, Zah et al. [29] suggest a threshold value for greenhouse gas
311 reduction of at least 30% as compared to the fossil fuel reference, as well as no increasing
312 impacts on other relevant environmental parameters.

313 In terms of energy output/input ratios the three case studies compared quite well to other
314 ethanol systems. A literature review on output/input ratios of different production systems
315 found a high variability even for similar crops (Fig. 5), which may be explained by a high
316 variability of cultivation practices and external inputs used, but also by different assumptions
317 made regarding system boundaries and conversion efficiencies. In some bioenergy systems,
318 the feedstock's nutrient content can be recovered from the conversion facility in the form of
319 ash or sludge and then converted into a form that can be applied to the field [30], which may
320 positively influence energy and carbon footprints. In the case of bananas and cooking bananas
321 further research is required on how co-products from ethanol production could be recycled on-
322 farm.

323 **Fig.5**

324 Nitrogen fertilizer usually represents the single largest component of energy and CO₂ costs in
325 land use systems [31], and may result in further disadvantages at the landscape level such as
326 eutrophication and acidification [29]. Regarding the conventional banana farms of Ecuador
327 nitrogen fertilizer accounted for 53 % of total energy consumption and 38 % of total carbon
328 emissions during the ethanol lifecycle. It is well known that in conventional banana
329 production systems major environmental impacts exist and ecologically sound management
330 alternatives are strongly needed. Pests may develop resistances to chemicals, which creates a
331 positive feedback to the need for higher quantities of external inputs and new chemicals to
332 maintain production levels. It is estimated that for each tonne of bananas exported 3 t of waste
333 is produced, of which only about 11% are organic wastes [11].

334 Another important indicator of resource use intensity of bioenergy systems is its water
335 footprint, which is defined as the amount of water that is consumed to produce one unit of
336 energy (m³ GJ⁻¹), including the water that is required to grow the crops. It should be
337 considered that biofuels have generally high water footprints, which may range from 1,400 to
338 20,000 l of water per l biofuel (equivalent to 66-950 m³ GJ⁻¹ energy produced). This is much
339 larger than the water footprint of fossil energy (1.1 m³ GJ⁻¹) [32]. Also *Musa spp.* have a high
340 water footprint of around 875 m³ t⁻¹ [33], which is equivalent to 7.5 m³ l⁻¹ EtOH produced.

341 One advantage of bananas and cooking bananas to other starchy crops such as cassava
342 (*Manihot esculenta*) is the fact that the ripening process results in the hydrolysis of starch to
343 sugar [25,26,34], which does not require enzymes for ethanol processing. Despite of some
344 reductions in dry matter contents through respiration losses (Table 2), it is highly recommend
345 to process *Musa spp.* biomass in a ripe stage. For dessert banana varieties the optimal sugar

346 concentration would be obtained about eight days after ripening, and for cooking bananas at
347 least twelve days after ripening [25]. Due to higher sugar contents banana varieties perform
348 better in terms of ethanol yield than cooking bananas, and were comparable to ethanol yields
349 of cassava. Sriroth et al. [35] reported a conversion ratio of fresh cassava roots to ethanol of
350 6:1. The best conversion ratio we estimated was 6.4:1 for the banana variety Bocadillo, which
351 corresponded to an ethanol yield of 157 l t⁻¹. Other authors [10,36] reported banana feedstock
352 conversion efficiencies of 100-120 l t⁻¹, which are comparable to the ethanol yields we
353 obtained for the varieties Cavendish and Gros Michel.

354 The study revealed that considerable amounts of ethanol could be produced both from market
355 oriented production systems with banana bunches that do not meet quality standards, as well
356 as from low input agroforestry systems where *Musa spp.* are cultivated as secondary crops
357 which are partly left to be rotten in the fields. In this context further attention should be drawn
358 on determining how the produced ethanol could be used to optimize economic returns, i.e. by
359 the producers themselves replacing gasoline consumption on-farm, or to be sold on a regional
360 ethanol market. FAO [37] suggest that biofuels are best produced in a landscape mosaic where
361 they are grown alongside food crops and other vegetation and provide valuable benefits such
362 as ecosystem services, and where smallholders have the opportunity to use the biomass as an
363 energy source for themselves. When environmental and food security concerns are taken into
364 account, bioenergy options could be an important tool for improving the well being of rural
365 people. We further recommend to not only focus on approaches that use single crops as
366 feedstock, but rather to explore the possibility to also include other crops or crop discards that
367 do not compete for alternative uses, such as cassava, which may be grown in the same land
368 use mosaics. As biofuels may contribute to avoided carbon emissions, it should be further
369 assessed how this approach could be integrated in PES schemes (payment for environmental
370 services) under the clean development mechanism (CDM).

371

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526 **Tables and Figures**

527

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530 Ecuador (green = before ripening, ripe = 8-12 days after ripening).

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540 Fig. 1. Use of *Musa spp.* varieties within the area of Coopedota, Costa Rica.

541 Fig. 2. Simulation of potential ethanol yields ($\text{l ha}^{-1} \text{y}^{-1}$) for several banana and plantain
542 varieties grown under similar conditions (plant density: 1200 plants ha^{-1} , discard 10% of
543 harvested bunches) at altitudes of (A) <500 m asl and (B) 1000-1500 m asl. Data on average
544 bunch weight and composition of flour was taken from [23,24,25].

545 Fig. 3. Energy consumption (A) and carbon emissions (B) during the ethanol production life
546 cycle of the case studies in Costa Rica and Ecuador.

547 Fig. 4. Influence of key parameters on net-energy balance of ethanol production systems using
548 *Musa spp.* discard.

549 Fig. 5. Energy output/input ratios of different biofuel production systems. Data for sugarcane
550 Brazil (1) was taken from [12], for sugarcane Brazil (2) and corn US from [37], for cassava
551 China from [38], and for cassava Thailand from [39].

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553 **Table 1.** Data input for life cycle calculations.

Parameter	Unit	Quantity	Reference
Energy value banana	MJ t ⁻¹	3852	[16]
Energy value cooking banana	MJ t ⁻¹	5105	[16]
Fuel demand pickup truck (biomass transport)	l 100 km ⁻¹	9.5	Own estimate
Loading capacity of pickup	t	1	Own estimate
Energy used for gasoline production	MJ l ⁻¹	38.9	[14]
Energy used by processing plant	MJ l ⁻¹	1.208	[17]
Energy used for N fertilizer production	MJ kg ⁻¹	78.23	[18]
Energy used for P fertilizer production	MJ kg ⁻¹	17.5	[18]
Energy used for K fertilizer production	MJ kg ⁻¹	13.8	[18]
Energy used for pesticide production	MJ kg ⁻¹	209	[19]
Energy value ethanol	MJ l ⁻¹	21.06	[20]
C emissions from gasoline production	kg l ⁻¹	0.85	[14]
C emissions from power generation	g MJ ⁻¹	80	[13]
C emissions from N fertilizer production	g kg ⁻¹	1255.3	[21]
C emissions from P fertilizer production	g kg ⁻¹	61.9	[21]
C emissions from K fertilizer production	g kg ⁻¹	76.2	[21]
C emissions from pesticide production	g kg ⁻¹	6996	[19]
N depletion from coffee cultivation	kg t ⁻¹	35	[22]
P depletion from coffee cultivation	kg t ⁻¹	2.6	[22]
K depletion from coffee cultivation	kg t ⁻¹	42	[22]
N depletion from banana cultivation	kg t ⁻¹	2	[22]
P depletion from banana cultivation	kg t ⁻¹	0.3	[22]
K depletion from banana cultivation	kg t ⁻¹	5	[22]
Stillage accumulation from EtOH production	l l ⁻¹	12	[23]
N concentration of stillage	g l ⁻¹	1.71	[10]
P concentration of stillage	g l ⁻¹	0.165	[10]
K concentration of stillage	g l ⁻¹	2.81	[10]

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556 **Table 2.** Compositional characteristics of major *Musa spp.* varieties from Costa Rica and
 557 Ecuador (green = before ripening, ripe = 8-12 days after ripening).
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	Costa Rica			Ecuador organic		Ecuador conventional
	Guineo	Dominico	Banana varieties	Bocadillo	Tafetan	Cavendish ^c
Pulp (%) ^a	57.8	64.9	62.0	59.1	65.8	62.0
Dry matter (green) (%) ^b	24.1	42.8	29.4	34.6	26.9	26.6
Dry matter (ripe) (%) ^b	22.4	38.7	25.1	28.7	26.2	24.3
Starch (green) (mg g ⁻¹ dm) ^a	841	869	819	826	770	669
Sucrose (ripe) (mg g ⁻¹ dm) ^b	5.7	1.4	72.0	7.9	6.3	341.6
Fructose (ripe) (mg g ⁻¹ dm) ^b	362.8	261.8	365.6	406.1	310.5	177.0
Glucose (ripe) (mg g ⁻¹ dm) ^b	383.8	297.1	368.5	432.5	506.2	189.3
Total sugars (ripe) (g g ⁻¹ dm) ^b	0.75	0.56	0.81	0.85	0.82	0.71

559 ^a [24], ^b [25], ^c [26]
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Table 3. Production data of the Costa Rica case study.

	Non-plantain cooking banana	Plantain	Banana	Total
Variety	Guineo	Dominico	Several varieties	-
# plants ha ⁻¹	195	87	69	351
Bunch weight (kg)	16.4	12.9	23.2	-
Production cycle (month)	12	14	16	-
Biomass (t ha ⁻¹ y ⁻¹)	3.20	0.97	1.20	5.36
Discard (%)	43.7	13.1	8.8	-
Discard biomass (t ha ⁻¹ y ⁻¹)	1.40	0.13	0.11	1.64
Pulp biomass from discard (t ha ⁻¹ y ⁻¹)	0.81	0.08	0.07	0.96
Dry matter discard biomass (kg ha ⁻¹ y ⁻¹)	214.1	30.3	19.3	263.7
EtOH production potential (l t ⁻¹ dm)	487.5	363.1	522.3	-
EtOH production potential (l t ⁻¹ fw)	109.2	138.9	130.9	-
EtOH per bunch (l)	1.8	1.8	3.0	-
EtOH from discard (l ha ⁻¹ y ⁻¹)	104.4	12.8	13.4	130.5
EtOH from discard per farm (l y ⁻¹) ^a	-	-	-	600
EtOH from discard for cooperative (l y ⁻¹) ^b	-	-	-	195812

^a Average farm size = 4.6 ha, ^b Total area of cooperative = 1500 ha

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570 **Table 4.** Production data of the Ecuador case studies.

	Organic farms (Chimborazo-Guayas)		Conventional farms (Guayas)
	Bocadillo	Tafetan	Cavendish
Average farm size (ha)	31.3		2.7
Varieties	Bocadillo	Tafetan	Cavendish
Average area banana cultivation (ha)	13.3	6.7	2.5
# plants ha ⁻¹	1112	625	1216
bunch weight (kg)	13.5	16.2	28
Production cycle (month)	9	11	10
Yield (t ha ⁻¹ y ⁻¹)	19.5	11.1	40.9
Discard (%)	8.3	8.3	8.3
Discard biomass (t ha ⁻¹ y ⁻¹)	1.6	0.9	3.4
Pulp biomass from discard (t ha ⁻¹ y ⁻¹)	0.96	0.61	2.1
Dry matter discard biomass (kg ha ⁻¹ y ⁻¹)	331.2	163.6	695.9
EtOH production potential (l t ⁻¹ dm)	548.6	533.3	458.7
EtOH production potential (l t ⁻¹ fw)	157.2	131.1	111.5
EtOH per bunch (l)	2.1	2.1	3.1
EtOH from discard (l ha ⁻¹ y ⁻¹)	139.8	74.5	266.0
EtOH from discard per farm (l y ⁻¹)	2358		665.0

572 **Table 5.** Net-energy balances (MJ l⁻¹) and avoided carbon emissions (kg l⁻¹) of ethanol
 573 production from *Musa spp.* discard in Costa Rica and Ecuador.

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	Costa Rica	Ecuador (organic)	Ecuador (conventional)
Total energy consumed (MJ l ⁻¹)	1.75	4.0	13.86
Energy content ethanol (MJ l ⁻¹)	21.06	21.06	21.06
Net-energy balance (MJ l⁻¹)	19.31	17.06	7.20
Total C emissions (kg l ⁻¹)	0.11	0.18	0.33
C emissions to produce 1 L gasoline (kg l ⁻¹)	0.85	0.85	0.85
Avoided C emissions (kg l⁻¹)^a	0.48	0.44	0.34

575 ^a considering lower energy content of ethanol from biomass feedstock (65% of gasoline)

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579 **Table 6.** Nutrient removals from *Musa spp.* production systems and potential nutrient
 580 recovery from ethanol co-products.

	Costa Rica	Ecuador (organic)	Ecuador (conventional)
N depletion (kg ha ⁻¹ y ⁻¹) ^a	70.23	33.42	81.72
P depletion (kg ha ⁻¹ y ⁻¹) ^a	6.01	5.01	12.26
K depletion (kg ha ⁻¹ y ⁻¹) ^a	98.22	83.54	204.29
Stillage accumulation (l ha ⁻¹ y ⁻¹)	1566	1415	3192
N accumulation stillage (kg ha ⁻¹ y ⁻¹)	2.68	2.42	5.46
P accumulation stillage (kg ha ⁻¹ y ⁻¹)	0.26	0.23	0.53
K accumulation stillage (kg ha ⁻¹ y ⁻¹)	4.40	3.98	8.97
Potential N recovery from stillage (%)	3.81	7.24	6.68
Potential P recovery from stillage (%)	4.30	4.66	4.30
Potential K recovery from stillage (%)	4.48	4.76	4.39

^a Including nutrient depletion from coffee cultivation for case study of Costa Rica.

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586 **Table 7.** Economic key parameters of case study production systems.

	Costa Rica	Ecuador (organic)	Ecuador (conventional)
Gasoline consumption (l HH ⁻¹ y ⁻¹) ^a	1144	1181	1684
Price gasoline (\$ l ⁻¹) ^b	0.97	1.4	1.4
Expenditure gasoline (\$ HH ⁻¹ y ⁻¹) ^c	1111	1653	2358
Ethanol production potential from <i>Musa</i> spp. discard (l farm ⁻¹ y ⁻¹)	600	2358	665
Potential replacement of gasoline (%)	52	>100	40
Savings through own production (\$ y ⁻¹)	582	1653	931
Gross income (\$ ha ⁻¹ y ⁻¹)	(Coffee) 1797	(Banana) 3815	(Banana) 5873

587 ^a HH = household, ^b December 2009, ^c In Costa Rican case study 53% of vehicles run with diesel,
 588 47% with gasoline; in Ecuadorian case study 100% of vehicles run with gasoline.

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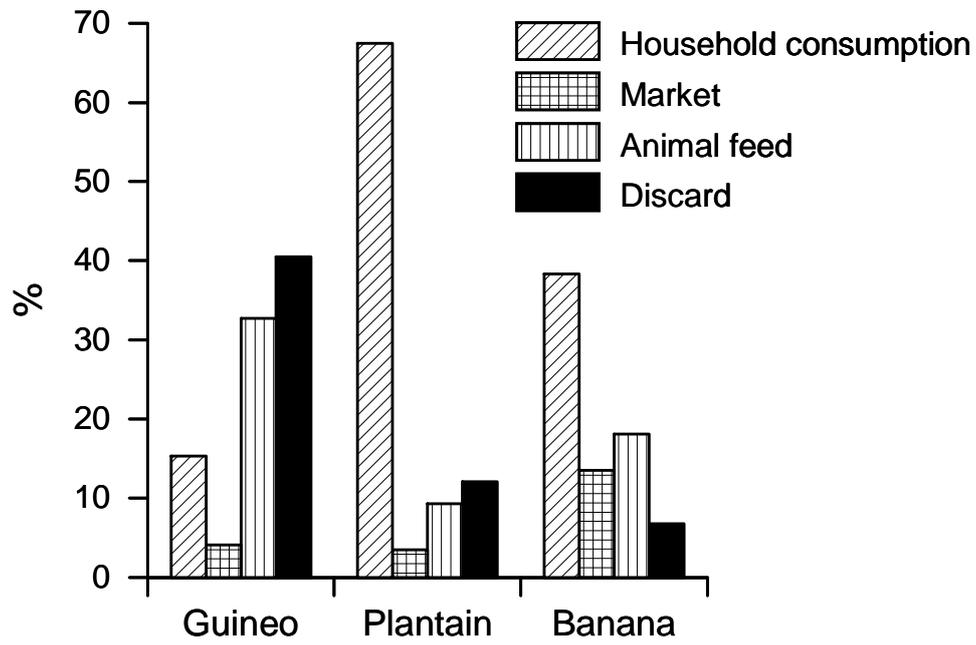


Fig. 1. Use of *Musa* varieties within the area of Coopedota, Costa Rica.

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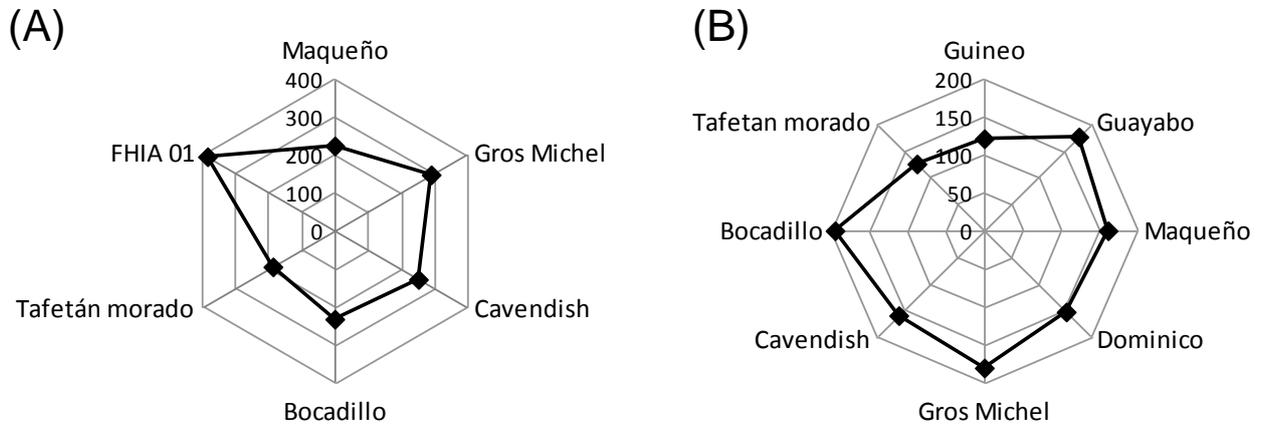


Fig. 2. Simulation of potential bioethanol yields ($\text{l ha}^{-1} \text{ yr}^{-1}$) for several banana and plantain varieties grown under similar conditions (plant density: 1200 plants ha^{-1} , discard 10% of harvested bunches) at altitudes of (A) <500 m asl and (B) 1000-1500 m asl. Data on average bunch weight and composition of flour was taken from [23,24,25].

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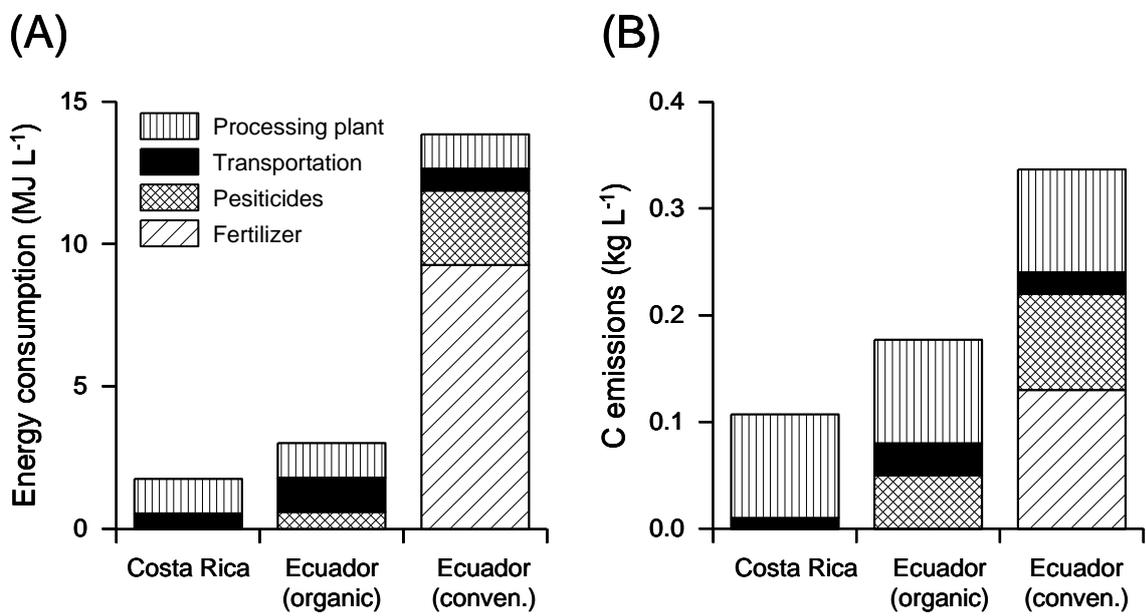


Fig. 3. Energy consumption (A) and carbon emissions (B) during the bioethanol life cycle of the case studies in Costa Rica and Ecuador.

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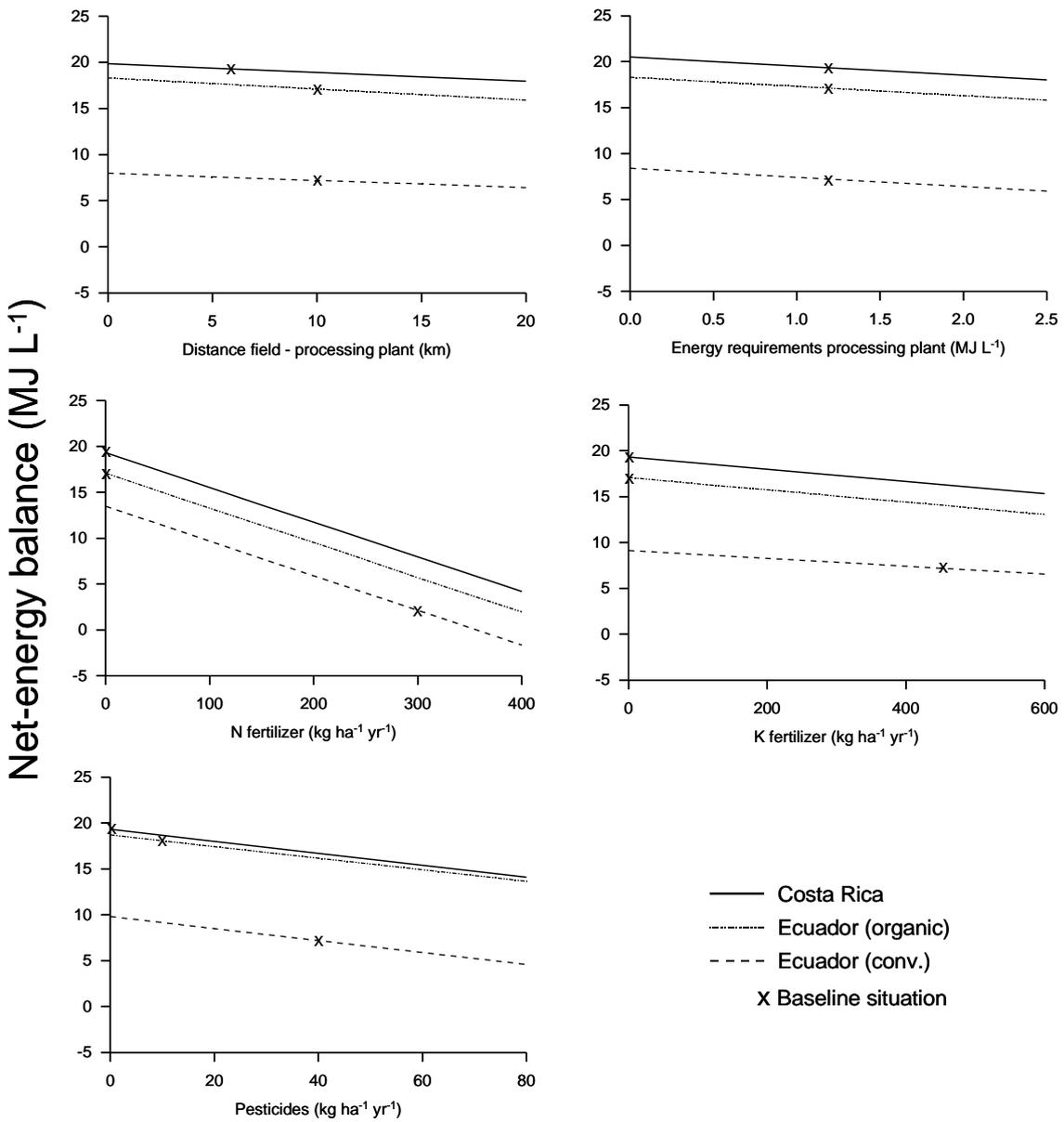
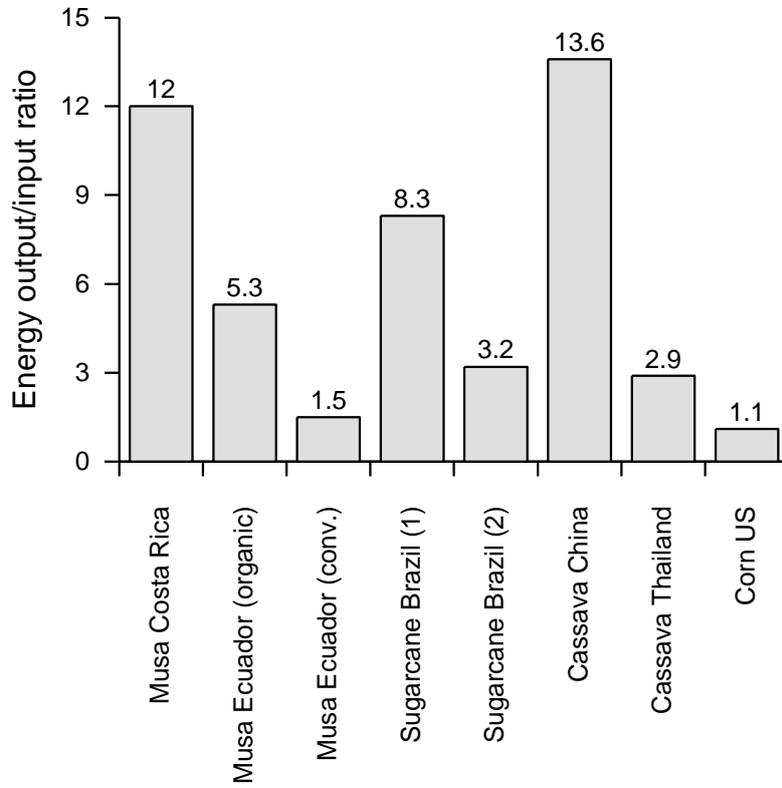


Fig. 4. Influence of key parameters on net-energy balance of bioethanol production systems using *Musa* discard.

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Fig. 5. Energy output/input ratios of different biofuel production systems. Data for sugarcane Brazil (1) was taken from [12], for sugarcane Brazil (2) and corn US from [37], for cassava China from [38], and for cassava Thailand from [39].